

NEW ZEALAND HUNGER MONITOR 2025

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Foreword

Food insecurity is no longer a marginal issue in Aotearoa New Zealand. It is affecting households across the country, often quietly, often unexpectedly and with increasing frequency. The 2025 Hunger Monitor confirms what frontline food support organisations have been observing for some time. The scale of need is significant; the pressure is persistent and for many people this is a new and unsettling reality.

One in three households experiencing some form of food insecurity in the past year is not a statistic that can be ignored. Behind these numbers are families skipping meals, parents going without so their children can eat and individuals facing difficult choices between food, housing, energy and transport. The finding that most food insecure households first experienced this within the last 12 months speaks to how quickly circumstances can change, particularly in a prolonged cost of living crisis.

At the New Zealand Food Network, our role is to ensure that food reaches communities where it is needed, working alongside food rescues, iwi, food banks and community organisations across the motu. This research strengthens our ability to do that well. By providing robust, nationally representative data the Hunger Monitor gives us a clearer understanding of who is being affected, how often and why. It also highlights the barriers people face in accessing help, including stigma, uncertainty and lack of awareness which must be addressed if support is to be both effective and dignified.

This report is not intended to stand alone. It is a tool for action. The insights within it should inform operational planning, guide collaboration across the food support sector and support evidence-based conversations about how New Zealand responds to food insecurity. It also establishes an essential baseline, allowing us to track change over time and assess whether our collective efforts are making a difference.

We would like to thank Ipsos for their rigorous and thoughtful approach to this research and the thousands of New Zealanders who shared their experiences. Most importantly, we acknowledge the frontline organisations and volunteers who continue to show up every day for their communities. Their work matters and this data helps ensure it is supported, strengthened and sustained.

Food is fundamental. Access to it should never be uncertain. The 2025 Hunger Monitor makes clear that there is urgent work to be done and that it must be done together.

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Research Context

New Zealand Food Network (NZFN) is the country's largest food support charity and national food rescue organisation that connects large scale food surplus with communities in need. Operating distribution centres in Auckland and Christchurch, NZFN receives bulk surplus and donated food from producers, growers and manufacturers. This food is redistributed to more than 60 food hubs, including regional food rescues, iwi organisations, food banks and community charities, enabling them to support the people they serve. Through this network, NZFN supports over 2,000 frontline organisations across Aotearoa New Zealand.

Since its establishment in 2020, NZFN has experienced sustained growth in demand for food support. Operational experience, combined with feedback from food hubs and frontline partners, indicates that food insecurity is not only widespread but persistent, with increasing pressure on community-based food support services.

While New Zealand has access to a range of data on deprivation, income, health and broader socioeconomic conditions, there has been limited nationally consistent data that directly measures household food insecurity. To address this gap, NZFN commissioned the 2025 Hunger Monitor to strengthen the evidence base by providing:

- An authoritative source of data on the prevalence and severity of food insecurity across Aotearoa New Zealand.
- A deeper understanding of the lived experience of food insecurity, including household characteristics, risk factors and coping behaviours.

The 2025 Hunger Monitor assesses food insecurity using the well-established Household Food Security Survey Module (HFSSM) developed by the United States Department of Agriculture. This internationally recognised tool evaluates food security at the household level, focusing on the economic and social conditions that constrain, disrupt or create uncertainty around reliable access to adequate food.

Findings from this research will be used to:

- Inform operational planning so NZFN can respond more effectively to patterns and severity of food insecurity.
- Support evidence-based policy input, programme design and collaboration across the food rescue and food support sector.
- Better target NZFN activity and resources to communities experiencing the greatest need.
- Establish a baseline for monitoring change over time and assessing the impact of interventions aimed at improving food security.

Executive Summary

The 2025 Hunger Monitor provides a comprehensive assessment of food insecurity in Aotearoa New Zealand, set against the backdrop of sustained cost of living pressures and ongoing financial strain for many households. Using the internationally recognised Household Food Security Survey Module, the research delivers nationally representative insights into the prevalence, severity and lived experience of food insecurity at a household level.

The findings show that food insecurity is both widespread and persistent. One in three households (33%) reported experiencing some form of food insecurity in the past 12 months, with nearly one in five (18%) experiencing severe food insecurity. For many, this represents a relatively new challenge, with 68% of food insecure households reporting that they first struggled to afford enough food within the last year. At the same time, half of food insecure households reported experiencing these difficulties multiple times per month, indicating that food insecurity is often recurrent rather than episodic.

Food insecurity is defined as households who either have had to **compromise their food choices or quality** (moderately insecure) or have had **reduced or disrupted food intake** (severely food insecure).

Food insecurity is not experienced evenly across the population. Higher rates were reported among survey respondents in households with people with disabilities (82%), single-parent households (70%), those not in employment (59%), renters (51%) and low-income households (48%). Disproportionately high prevalence was also observed among respondents identifying as Pacific peoples (64%), Māori (51%) and young people aged 18 to 24 (50%). These figures reflect the experiences of respondents within the survey sample and highlight groups facing compounded risk.

The increased cost of living is the dominant driver of food insecurity, cited by 83% of food insecure households. Reduced or unstable income was also a significant contributing factor, particularly for households with people with disabilities (78%), those not in employment (63%) and single-parent households (48%). Many households reported cutting back on food quality, variety and quantity, as well as other essential household expenses, to manage financial pressure.

Awareness and access to food relief services remain uneven. Just over half of New Zealanders (54%) indicated they would know where to go for food relief if needed. Among food insecure households, fewer than half (44%) had ever accessed formal food relief from an organisation and fewer than one quarter (23%) had done so in the past 12 months. Social stigma remains a significant barrier, with 49% of food insecure households citing embarrassment or shame as a reason for hesitating to seek support.

The 2025 Hunger Monitor establishes a critical evidence base for understanding food insecurity in Aotearoa New Zealand. It provides a baseline for tracking change over time and supports more targeted, coordinated and effective responses across the food support system. The findings underscore both the scale of need and the urgency of sustained, data-informed action to improve food security outcomes.

Study Design

The 2025 Hunger Monitor research was conducted between 24 November and 9 December 2025, through an online survey of n=3,000 New Zealanders aged 18+ years. The sample is nationally representative, with quotas used for age, gender, region, ethnicity, and household income.

The data was weighted to nationally representative proportions of age, gender, region, ethnicity, and household income based on the 2023 Census. A summary of the achieved sample profile is detailed in the below.

Table 1: Summary of final achieved sample profile by key demographic target

		<i>Sample size</i>	<i>Weighted proportion</i>
Gender	Male	1,398	49%
	Female	1,589	51%
	Another gender	7	0%
Age	18–24	372	11%
	25–34	481	18%
	35–44	574	17%
	45–54	494	16%
	55–64	466	16%
	65–74	418	15%
	75+	195	7%
Region	Northland	104	4%
	Auckland	1,022	33%
	Bay of Plenty	181	7%
	Waikato	279	10%
	Gisborne	24	1%
	Hawke's Bay	97	3%
	Taranaki	72	2%
	Manawatū-Whanganui	143	5%
	Wellington	363	11%
	Nelson / Marlborough / Tasman	84	3%
	Canterbury	419	13%
	West Coast	19	1%
	Otago	150	5%
Southland	43	2%	

		<i>Sample size</i>	Weighted proportion
Ethnicity	European	2,178	74%
	Māori	491	15%
	Pacific peoples	241	8%
	Asian	535	17%
	Other	101	3%
Household income	Low (\leq \$64,999)	1,140	38%
	Medium (\$65,000–\$155,999)	1,186	36%
	High (\geq \$156,000)	548	22%

All n=3,000 respondents answered the core HFSSM to measure the prevalence of household food security over the past 12 months. A total of 1,023 respondents were identified through the HFSSM as being from moderately and severely food insecure households. This group continued to answer a deep dive module about their experience living with food insecurity over the last 12 months.

In the USDA Guide to Measuring Household Security, the household experience with food security is categorised into four segments:

- Highly food secure
- Marginally food secure
- Moderately food insecure
- Severely food insecure

The definition of each category and HFSSM indicators used for classification can be found in the Appendix.

Significance testing

Significant differences are reported at 95% confidence. The symbol [^] indicates that the percentage is significantly higher than the total results, whilst the symbol ^v indicates it is significantly lower.

The maximum margin of error, at the 95% confidence level, is $\pm 1.8\%$.

Rounding

Where results do not sum to 100 or the 'difference' appears to be + / -1 more / less than the actual, this may be due to rounding, multiple responses or the exclusion of 'don't know' or 'not stated' responses.

At a glance

Note: ^ / v – significantly higher / lower than total sample

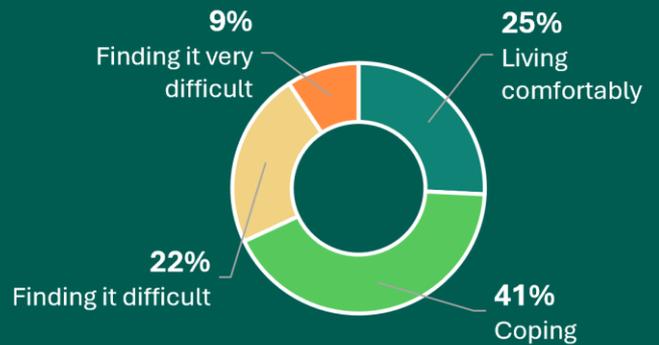
One in three New Zealand households (33%)



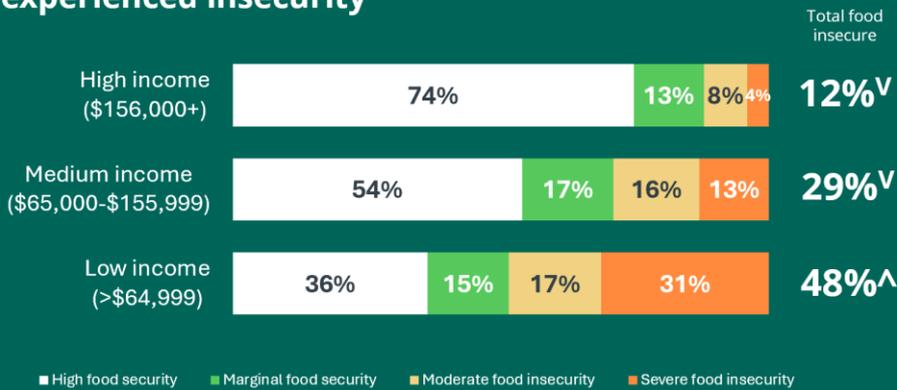
Have experienced **some form of food insecurity** in the last 12 months

Base: Total (n=3,000); Food secure (n=2,010); Food insecure (n=990)

Around a **third** (32%) of Kiwi households are finding it difficult living on their present income



Food insecurity is **not exclusive** to the lowest income bracket, even those with a **high household income** have experienced insecurity

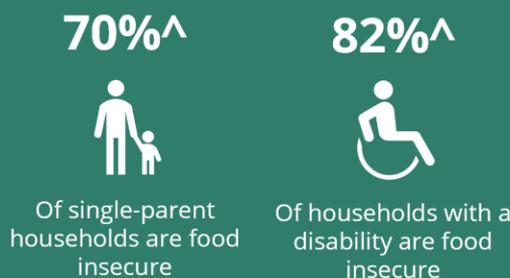


The **top 3** most common actions taken to manage cost of living all relate to **food**:

- 67%** Looked for sales / discounts on food & groceries
- 58%** Cut back on eating / drinking in restaurants / cafes
- 41%** Swapped food for cheaper alternatives

This was a multichoice question, so respondents could choose more than one answer.

Households most at **risk** of food insecurity are **single parent** households and households containing a member with a **disability**



57%[^] Of the **severely food insecure** cut back on **other food and grocery items** to manage cost of living

68% Of the **food insecure** first experienced insecurity in the past **12 months**, and

Close to **half** of respondents wouldn't know where to go to get food support **if they needed it**

Feeling shame or embarrassment is a key barrier among the food-insecure to accessing food relief, with **close to half** feeling this way (49%)

50% Experience bouts of insecurity **multiple times per month**

52% **More than half** of those who have received food relief state they are accessing it **more often** this year than the year before

This even **more likely** to be the case (**55%[^]**) among the **severely food insecure**

2025 Hunger Monitor

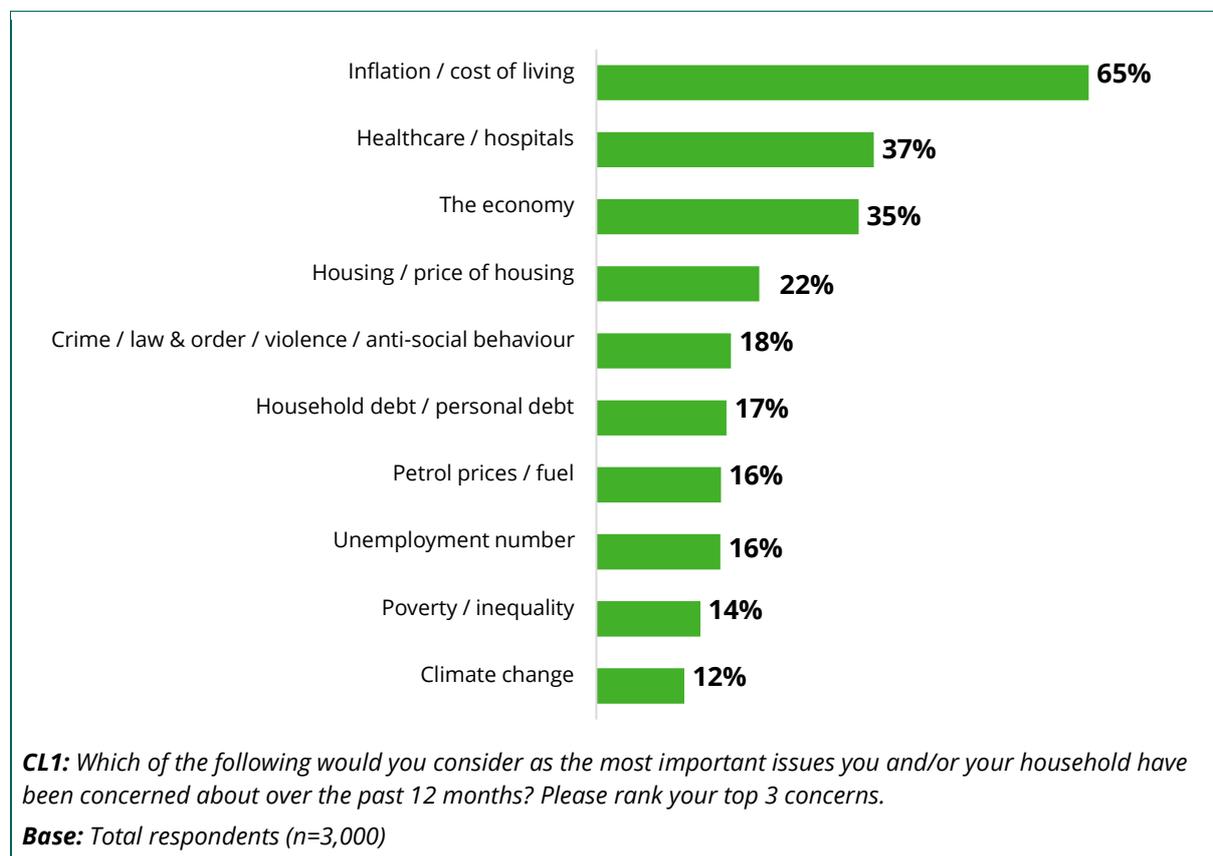
Issues facing Aotearoa New Zealand

To provide some context to the findings and data on the prevalence of food insecurity in Aotearoa New Zealand, the 2025 Hunger Monitor asked survey respondents to share their perspectives on the most pressing issues facing them today, and their current and future financial circumstances.

Around two thirds (65%) of NZ households identified *inflation / cost of living* as the most pressing issue facing the country. This figure is aligned with findings from the 30th Ipsos New Zealand Issues monitor (November 2025),¹ wherein 61% deemed inflation / cost of living a pressing issue and the number-one issue facing New Zealanders since early 2022.

Additionally, *The economy* is a top-3 issue, reflecting the sustained financial pressures on New Zealanders in recent years.

Chart 1: Top-10 issues facing Aotearoa New Zealand



¹ Ipsos, New Zealand Issues Monitor November 2025: <https://www.ipsos.com/en-nz/ipsos-new-zealand-issues-monitor-nov-2025>

Financial circumstances

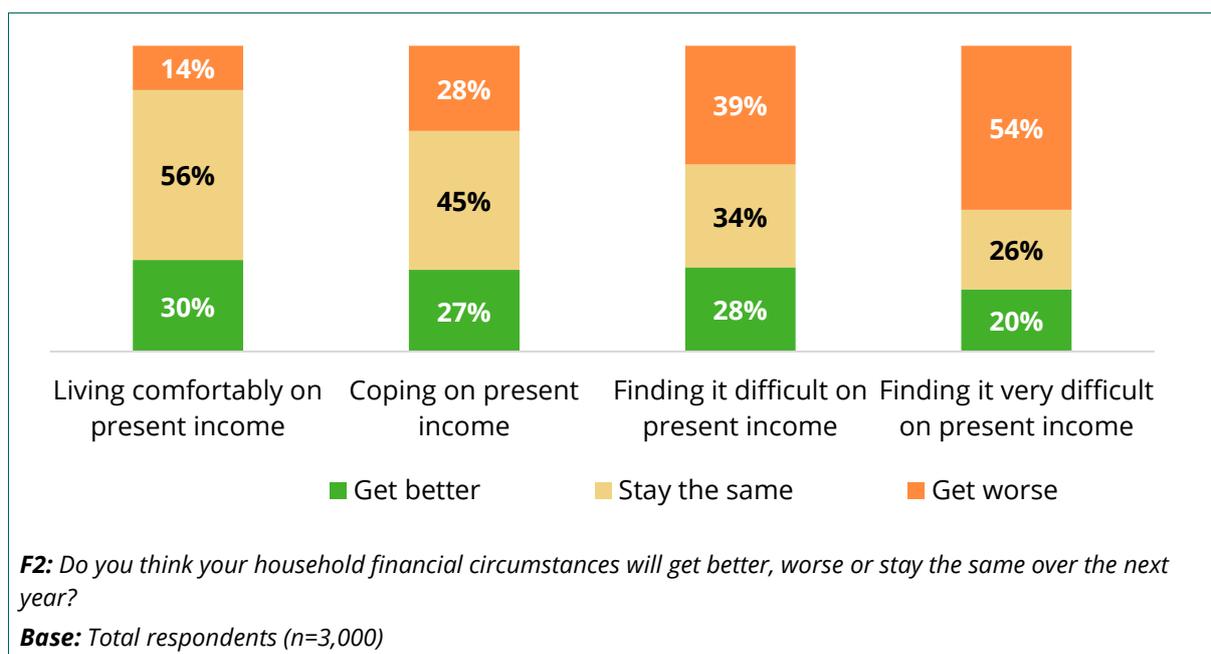
When asked about the current state of their finances, around a third (32%) of NZ households state that they are finding it difficult or very difficult living on their present income, with nearly 1 in 10 indicating that they are finding it very difficult.

Table 2: How NZ households feel about their financial circumstances

NETT Coping / comfortable	67%
NETT Difficult / very difficult	32%
Living comfortably on present income	25%
Coping on present income	41%
Finding it difficult on present income	22%
Finding it very difficult on present income	9%
Don't know	1%
Prefer not to say	1%
F1: Which of these descriptions comes closest to how you feel about your household's income nowadays?	
Base: Total respondents (n=3,000)	

Households' optimism relating to future financial circumstances are very much related to their current situation: of those finding it very difficult living on their present income, more than half (54%) expect their finances to continue to get worse over the next year, while those living comfortably on their present income are more likely to expect no change (56%).

Chart 2: Household optimism

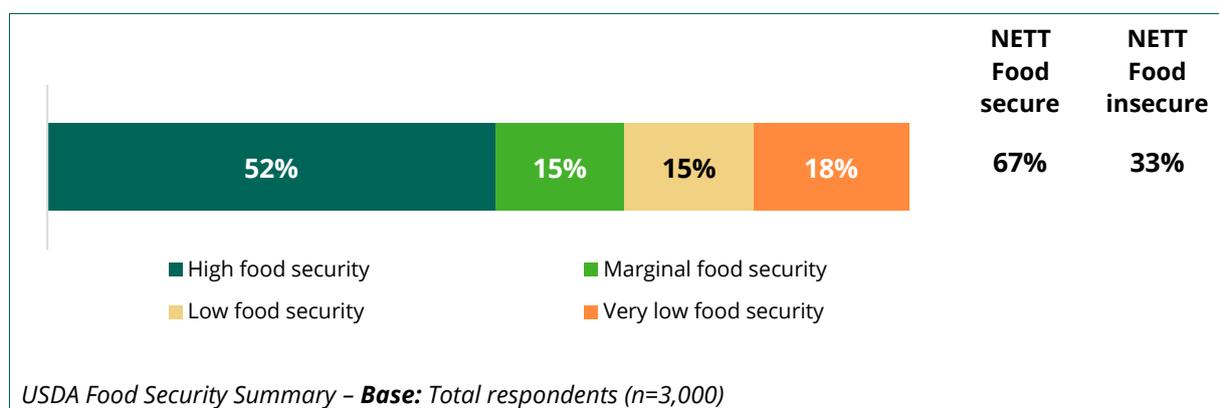


Food security in Aotearoa New Zealand

To measure the prevalence of food insecurity in Aotearoa New Zealand, respondents were asked a series of questions from part of the USDA – US Household Food Security Survey Module. Food security segments are calculated based on responses to multiple questions (more detail can be found in the Appendix).

In 2025, a third (33%) of New Zealanders surveyed were found to be food insecure, with 15% facing moderate insecurity (reports of reduced quality, variety, or desirability of diet), and 18% facing severe insecurity (multiple indications of disrupted eating patterns and reduced food intake).

Chart 3: USDA food security segments in Aotearoa New Zealand



Inflation / cost of living is the number one issue facing Aotearoa New Zealand regardless of food security status; however, it is a top issue for a significantly larger proportion of those who are food insecure (69%). Compared to food-secure households, those who are food insecure are also more likely to identify *housing / price of housing* (30%), *household debt* (26%), *unemployment* (23%), *petrol prices / fuel* (21%), and *poverty / inequality* (18%) as issues of concern, further highlighting the widespread financial pressure they are likely to be experiencing.

Table 3: Top 10 issues by food security segments

Food secure		Food insecure	
Inflation / cost-of-living	63%	Inflation / cost-of-living	69%^
Healthcare/hospitals	42%	Housing / price of housing	30%^
The economy	39%	Household debt	26%^
Crime / law & order	22%	Healthcare / hospitals	26% ^v
Housing / price of housing	17%	The economy	26% ^v
Climate change	14%	Unemployment	23%^
Petrol prices / fuel	14%	Petrol prices / fuel	21%^
Unemployment	13%	Poverty/inequality	18%^

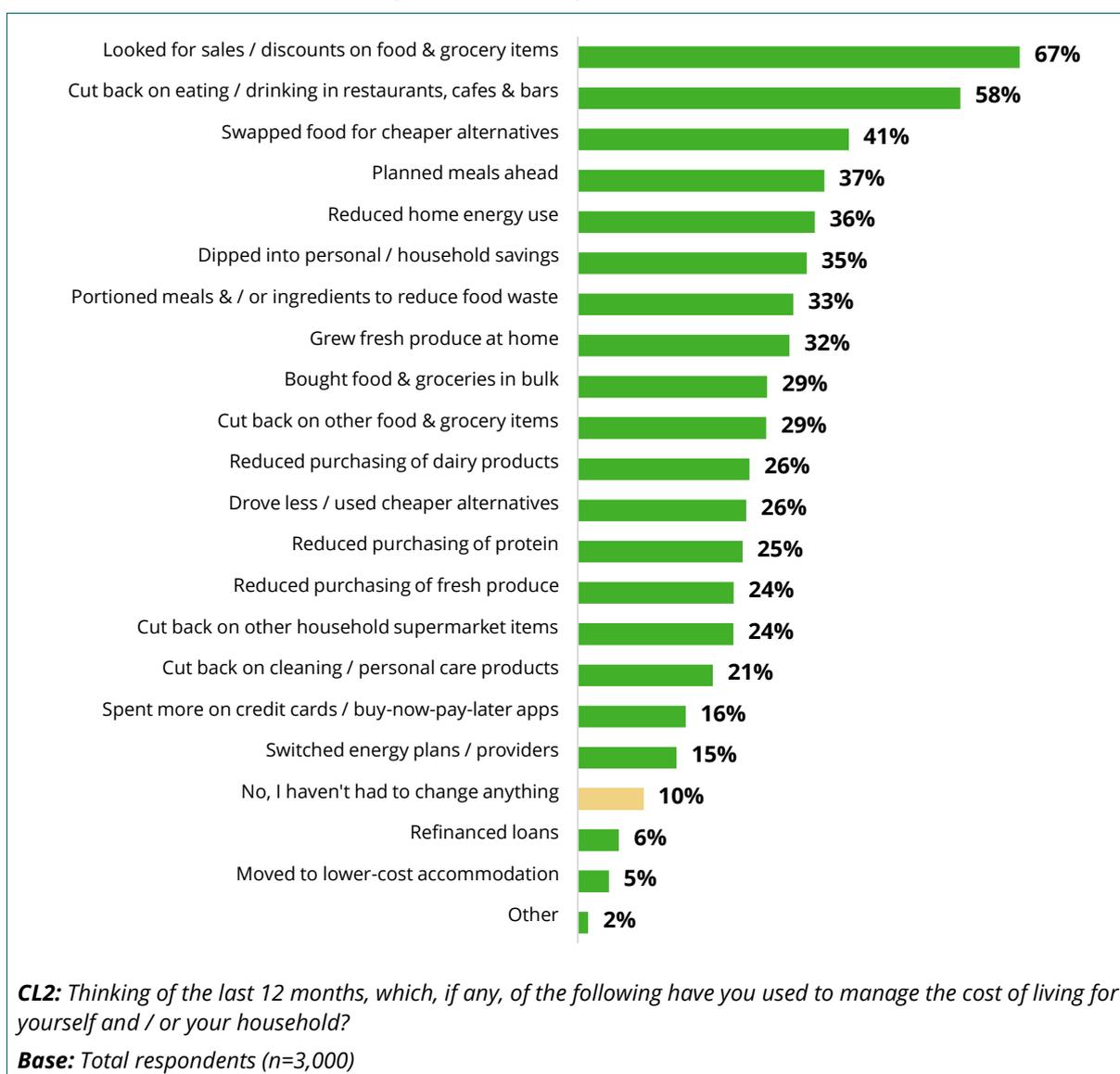
Food secure		Food insecure	
Household debt	13%	Crime / law & order	10% ^v
Poverty / inequality	12%	Taxation	7%

CL1: Which of the following would you consider as the most important issues you and / or your household have been concerned about over the past 12 months?
Base: Food secure (n=1,977), Food insecure (n=1,023). **Note:** ^ / v - significantly higher / lower than food-secure households.

Managing cost of living

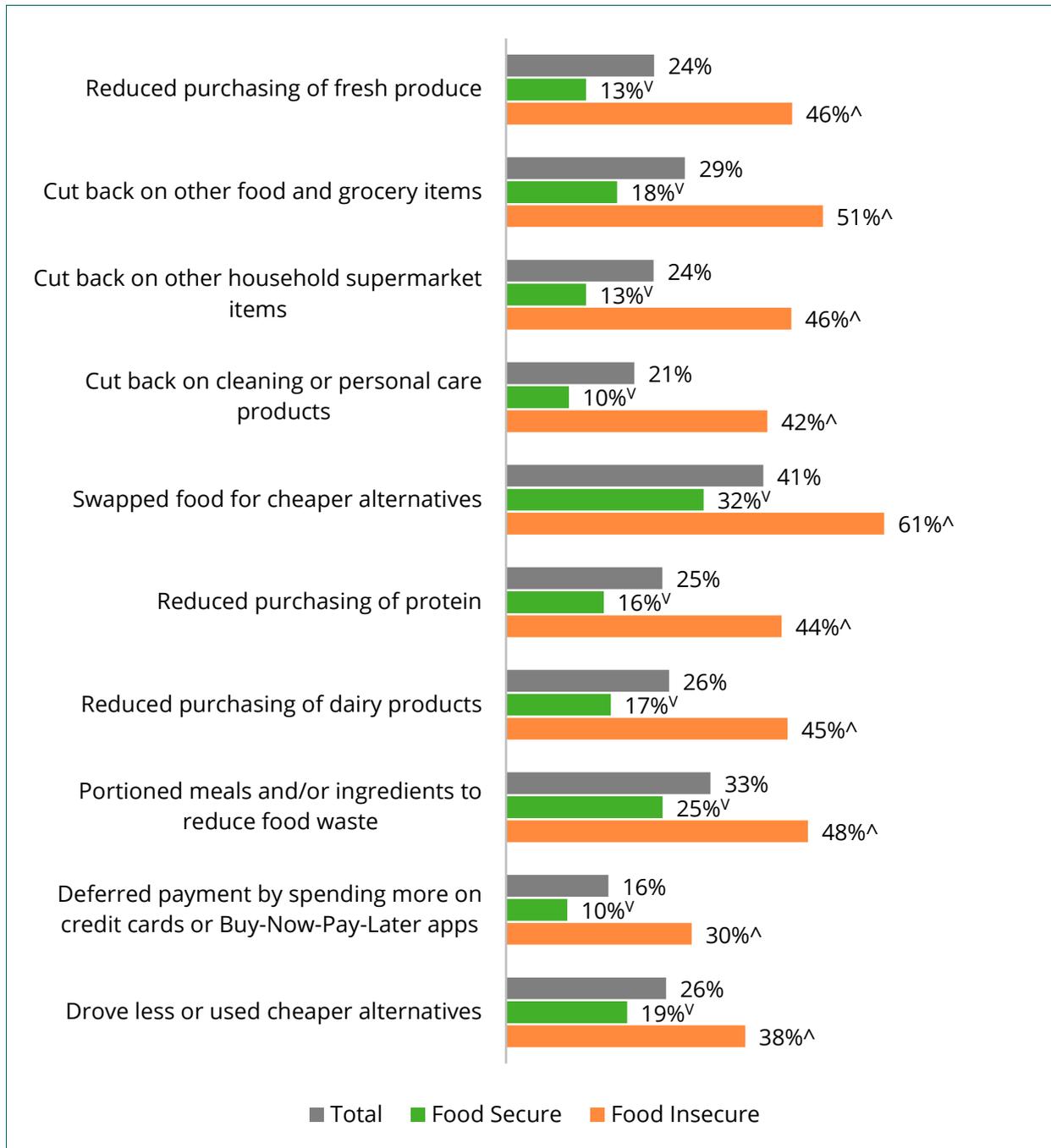
In terms of actions taken to manage the cost of living for their households, the top 4 most common actions relate to saving money on food, either by *looking for sales and discounts* (67%), *cutting back on eating out* (58%), *swapping for cheaper food alternatives* (41%), or *planning meals ahead* (37%).

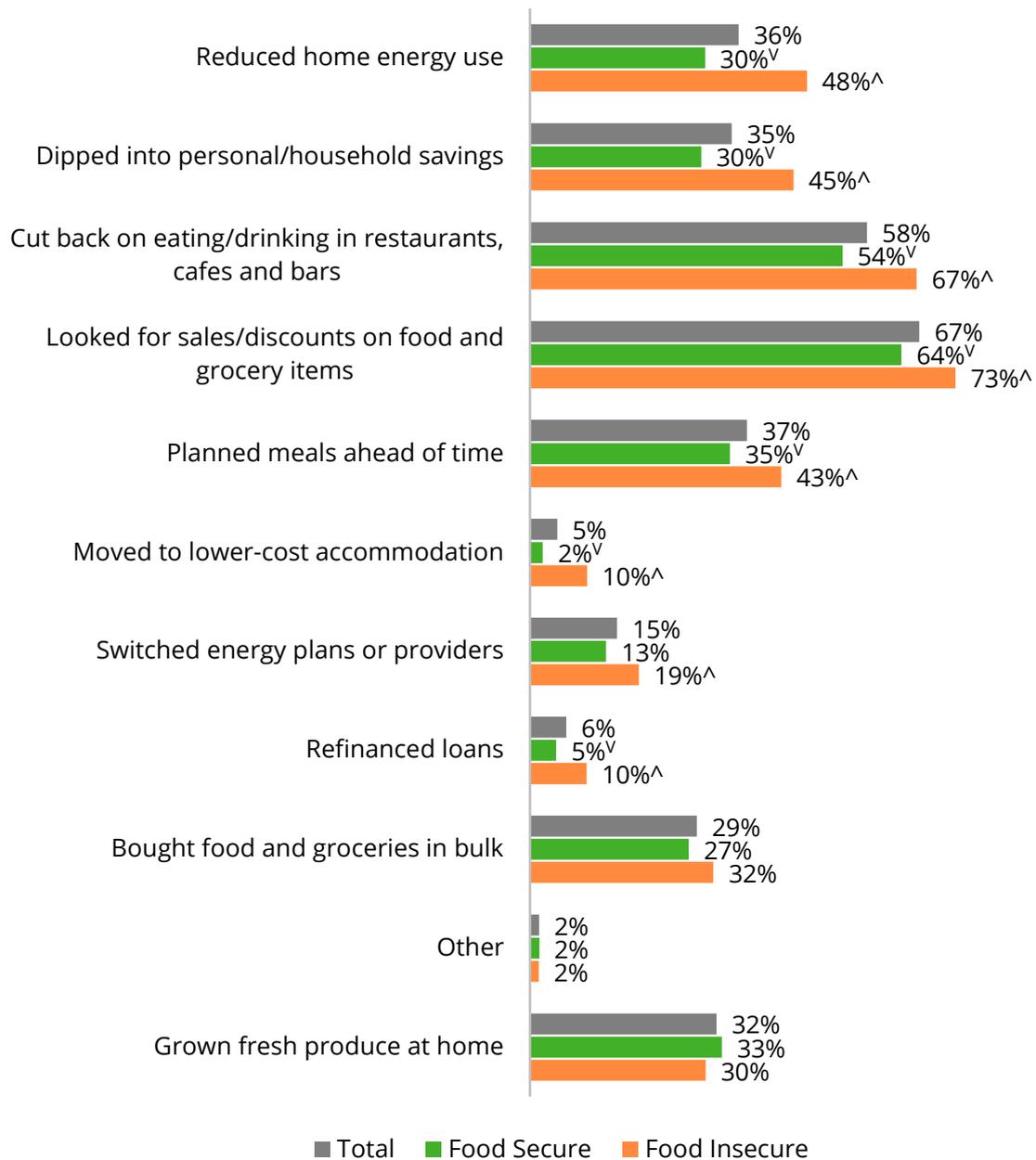
Chart 4: Actions taken to manage cost-of-living



When comparing actions taken by food-secure and food-insecure households, food-insecure households are more likely to *reduce purchasing of fresh produce, protein, and dairy products; cut back on other food and grocery items, other household supermarket items, and cleaning or personal care products; and swap food for cheaper alternatives.*

Chart 5: Actions taken to manage cost-of-living by food security, ranked by largest difference





CL2: Thinking of the last 12 months, which, if any, of the following have you used to manage the cost of living for yourself and / or your household?

Base: Total respondents (n=3,000), Food secure (n=1,977), Food insecure (n=990). **Note:** [^] / ^v – significantly higher / lower than total.

While *looking for sales / discounts on food and grocery items* and *cutting back on eating* are the top 2 actions across both household groups, food-secure and food-insecure households differ slightly in their approaches to managing their cost of living. Food-secure households tend to prioritise *planning meals ahead of time* and *growing fresh produce at home*, while *swapping food for cheaper alternatives* and *cutting back on other food and grocery items* are among the top 5 most frequently taken actions by food-insecure households.

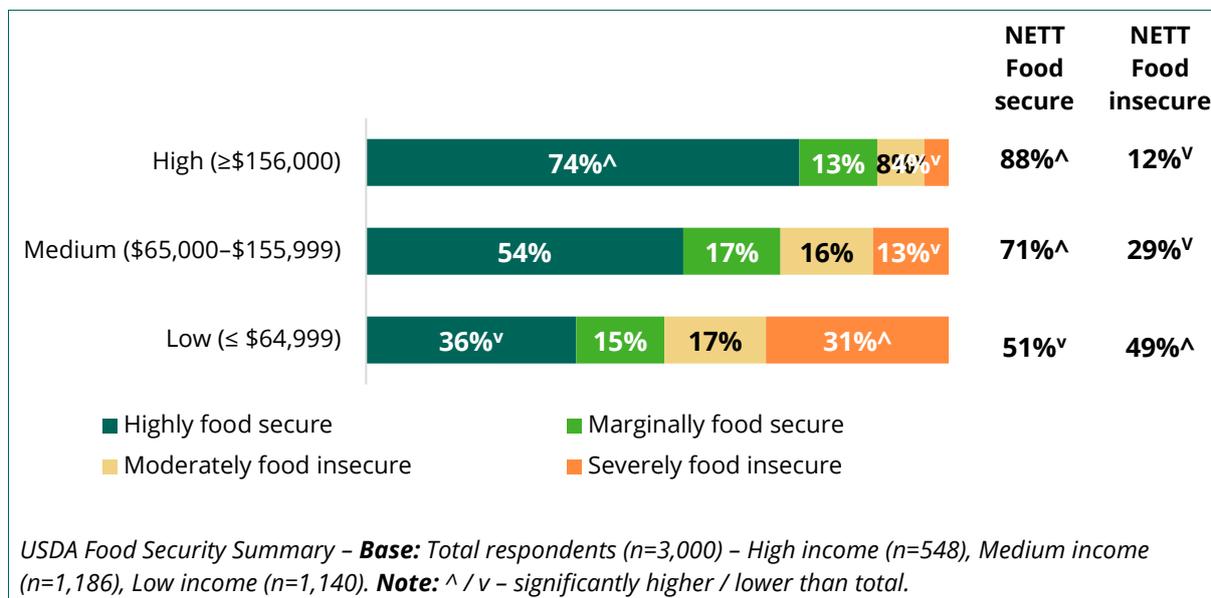
Table 4: Top 10 actions to taken to manage cost-of-living by food security

Food secure		Food insecure	
Looked for sales / discounts on food & grocery items	64%	Looked for sales / discounts on food & grocery items	73%^
Cut back on eating / drinking in restaurants, cafes & bars	54%	Cut back on eating / drinking in restaurants, cafes & bars	67%^
Planned meals ahead of time	35%	Swapped food for cheaper alternatives	61%^
Grown fresh produce at home	33%	Cut back on other food & grocery items	51%^
Swapped food for cheaper alternatives	32%	Portioned meals & / or ingredients to reduce food waste	48%^
Reduced home energy use	30%	Reduced home energy use	48%^
Dipped into personal / household savings	30%	Reduced purchasing of fresh produce	46%^
Bought food & groceries in bulk	27%	Cut back on other household supermarket items	46%^
Portioned meals & / or ingredients to reduce food waste	25%	Dipped into personal / household savings	45%^
Drove less / used cheaper alternatives	19%	Reduced purchasing of dairy products	45%^
<p>CL2: Thinking of the last 12 months, which, if any, of the following have you used to manage the cost of living for yourself and/or your household?</p> <p>Base: Food secure (n=1,977), Food insecure (n=1,023). Note: ^ / v - significantly higher / lower than food-secure households.</p>			

Food security by subgroups

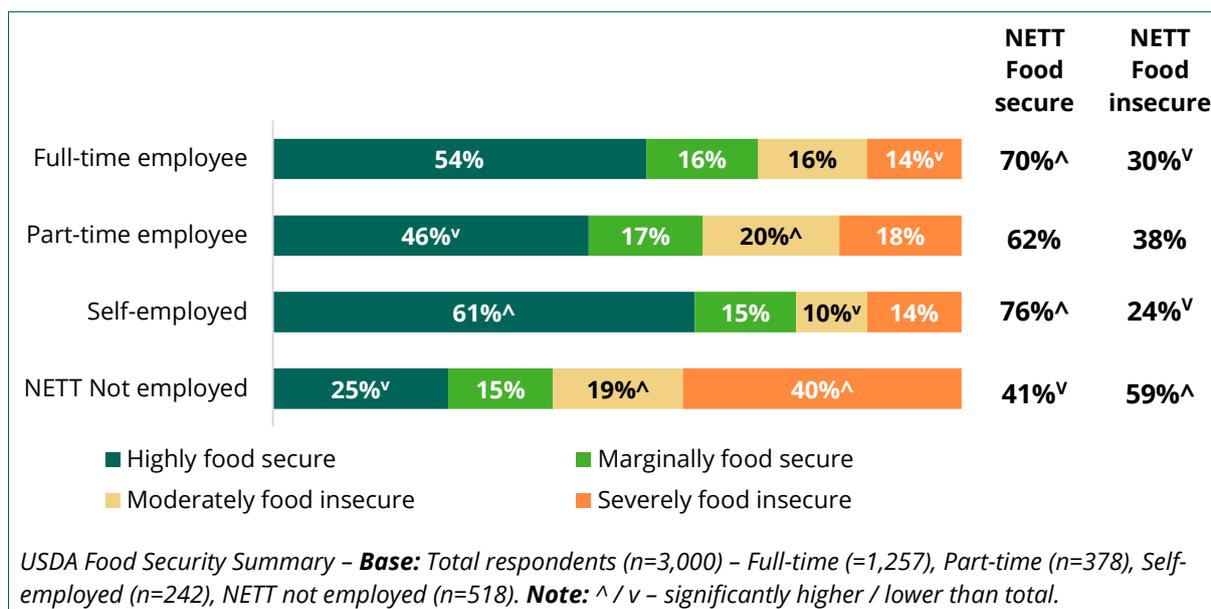
Nearly half (48%) of households in the low-income bracket report facing food insecurity, with close to a third (31%) being severely food insecure. However, food insecurity is not exclusive to low-income households; 29% of those earning a medium income and 12% of those in the high-income bracket are food insecure.

Chart 6: USDA food security segments by household income



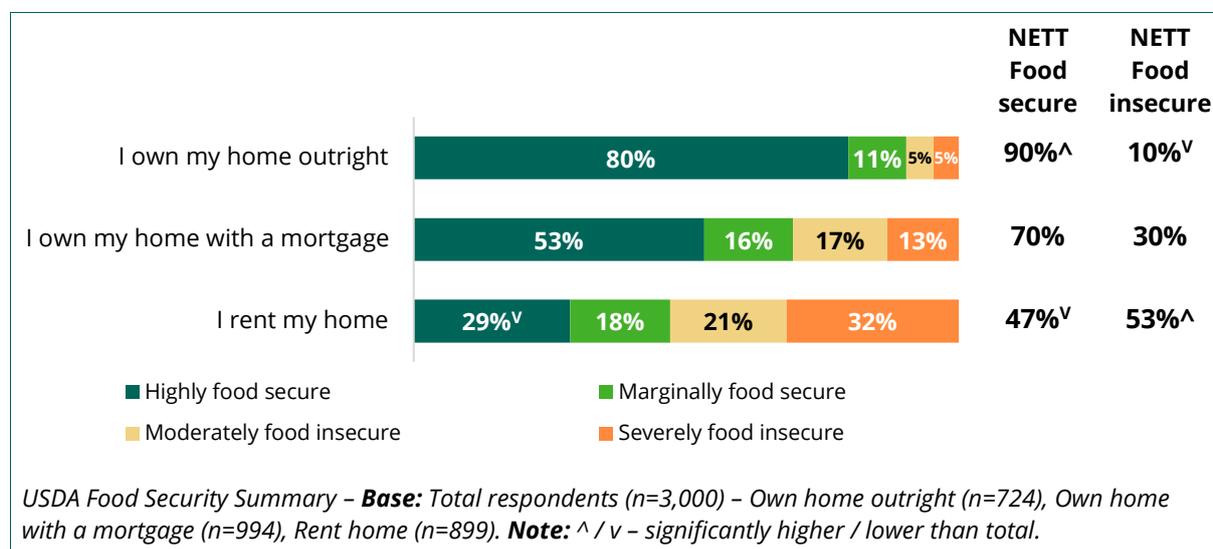
While those who are employed full-time are more likely to be food secure (70%), just under a third are still facing food insecurity (30%). Those who are not employed are most likely to face food insecurity, with 40% facing very low food security.

Chart 7: USDA food security segments by employment status



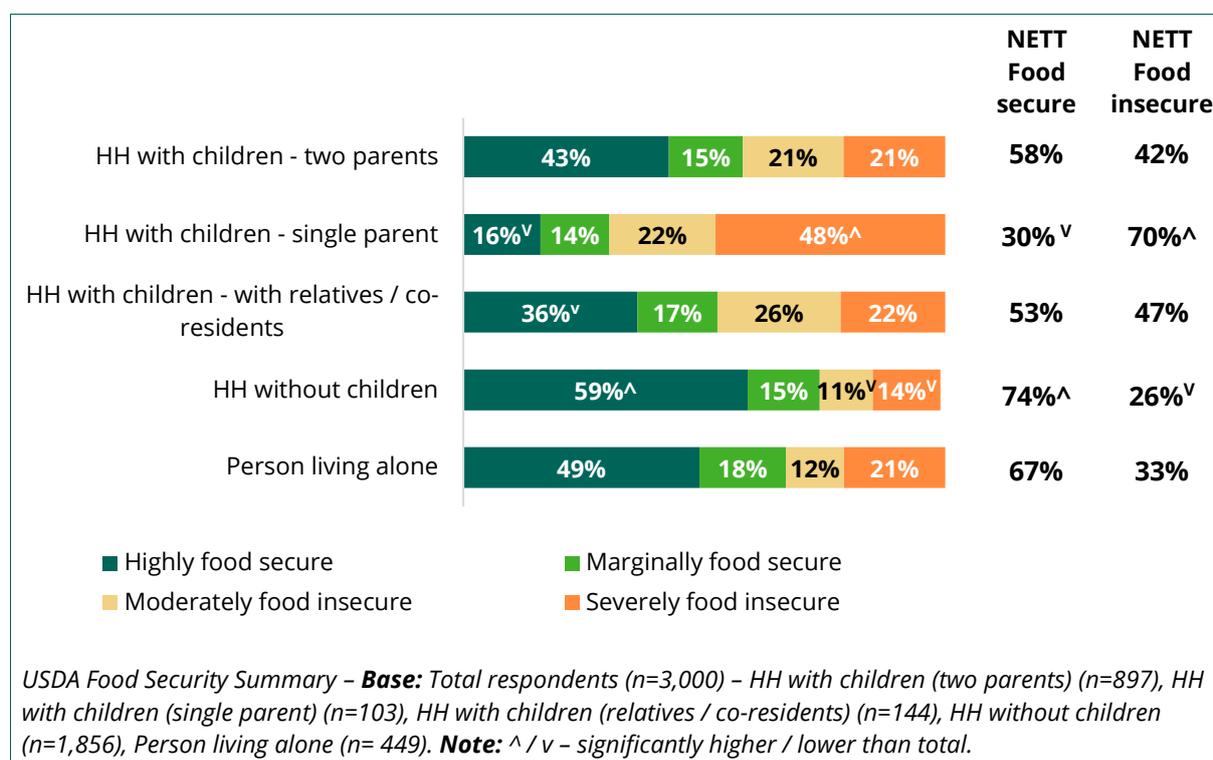
Households that rent their home are significantly more likely to face food insecurity (53%), with just under a third (32%) facing very low security. Homeowners are much more likely to be food secure, with 80% having high food security.

Chart 8: USDA food security segments by home ownership



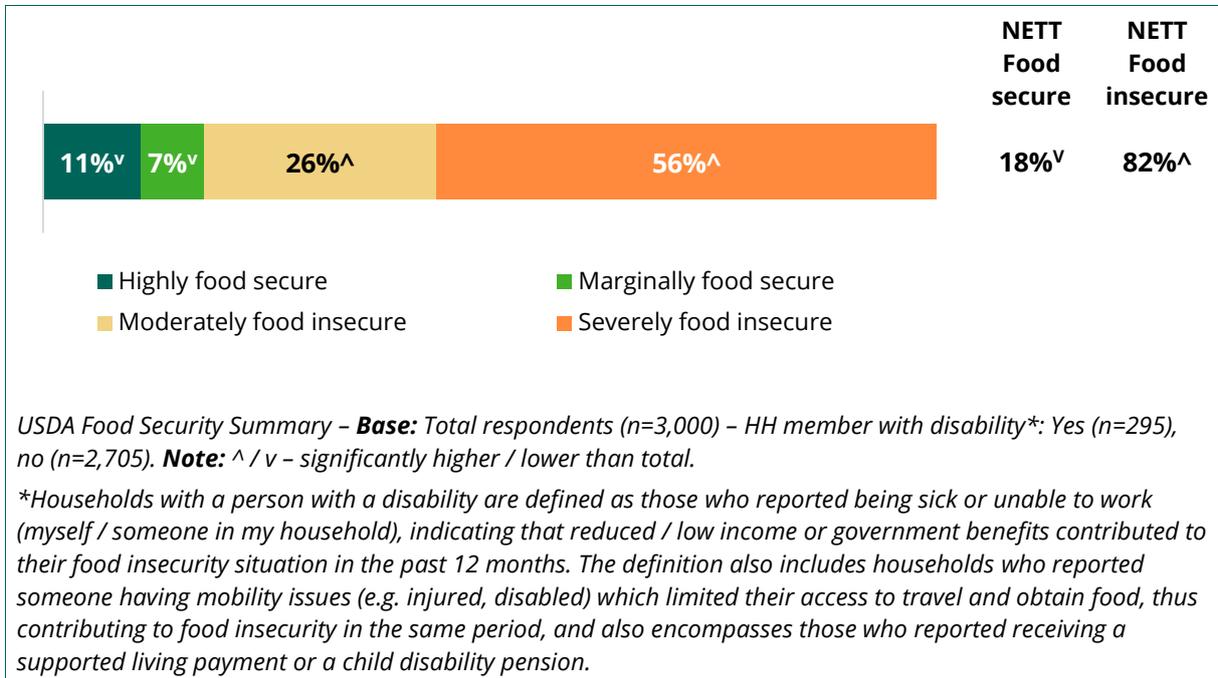
Single-parent households with children are significantly more likely to be food insecure, with just under half (48%) categorised as severely food insecure, and over two thirds (70%) being food insecure overall. Households with children and relatives / co-residents are also more at risk of food insecurity, with close to half (48%) being food insecure.

Chart 9: USDA food security segments by family / household type



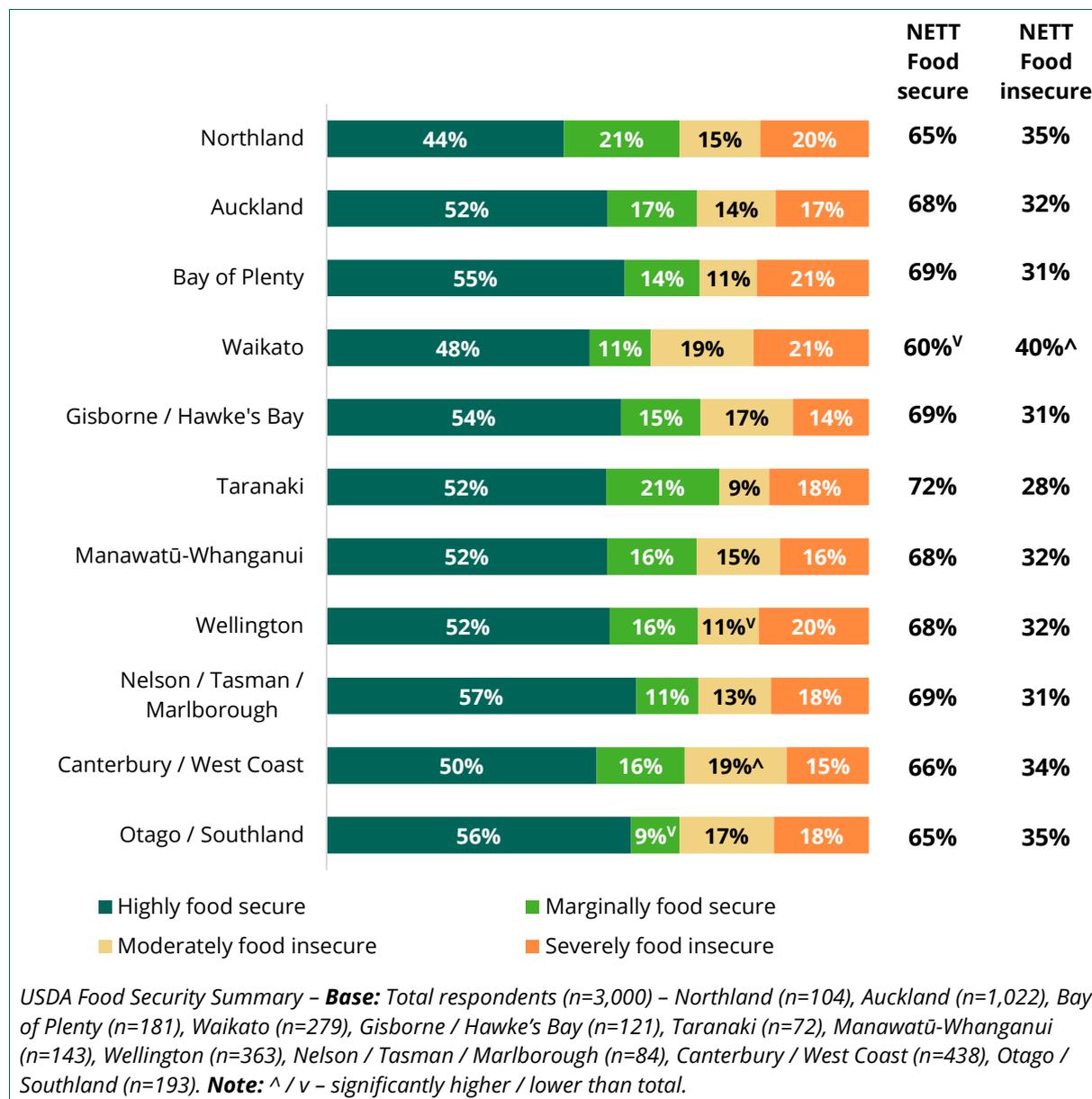
Households with people with disabilities are significantly more at risk of being food insecure, with more than half (56%) experiencing severe food insecurity, and a quarter (26%) experiencing moderate food insecurity.

Chart 10: USDA food security segments among households with a member with a disability



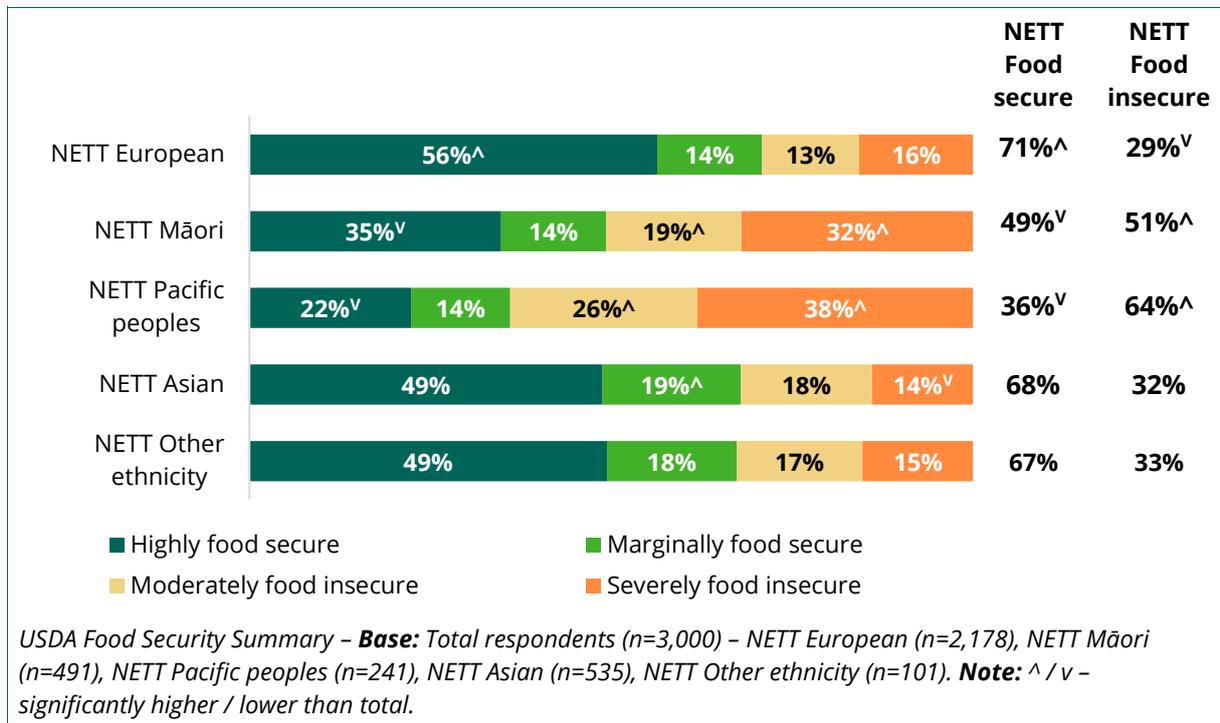
While levels of food security are broadly consistent across all regions of Aotearoa New Zealand, Waikato has a significantly larger proportion of food-insecure households compared to the national average.

Chart 11: USDA food security segments by region



When broken down by ethnicity, Māori and Pacific peoples are significantly more likely to live in or belong to a food-insecure household (51% and 64% respectively).

Chart 12: USDA food security segments by ethnicity



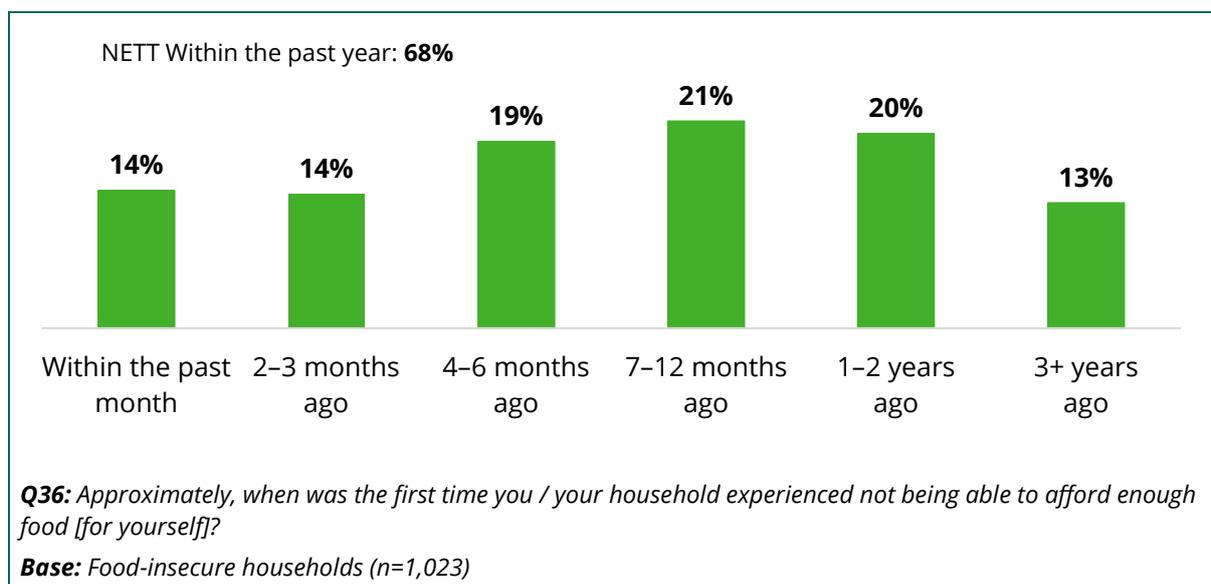
Food Insecurity In-Depth

Survey respondents who are food insecure were asked to reflect on their most recent occurrence of food insecurity, the first time they experienced it, and how frequent and lengthy their period(s) of food insecurity have been.

Experiences of food insecurity

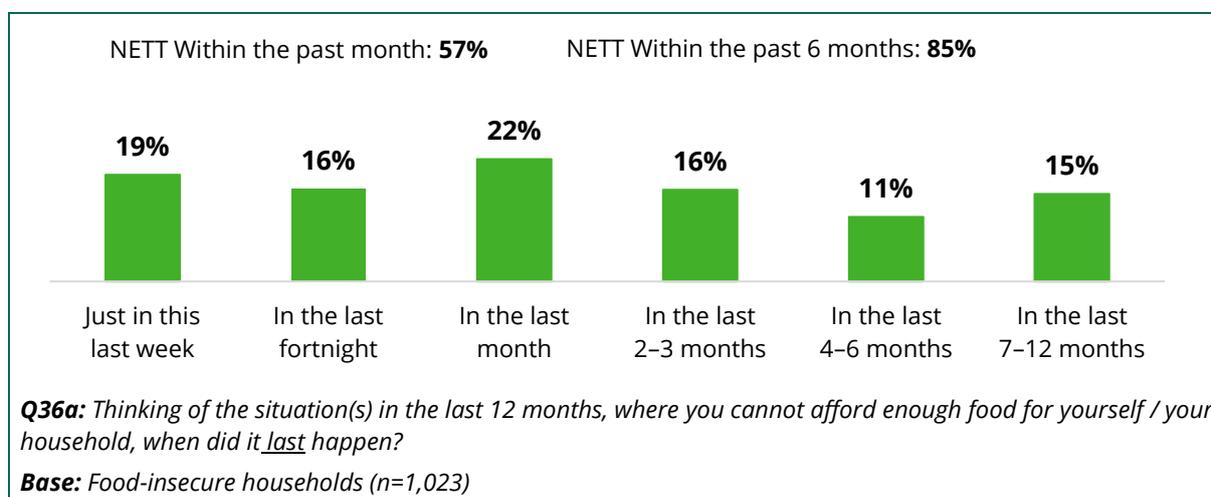
Among households experiencing food insecurity, more than two thirds (68%) reported having first experienced food insecurity within the past year, with 28% having first experienced it in the last 3 months.

Chart 13: First time experiencing not being able to afford enough food



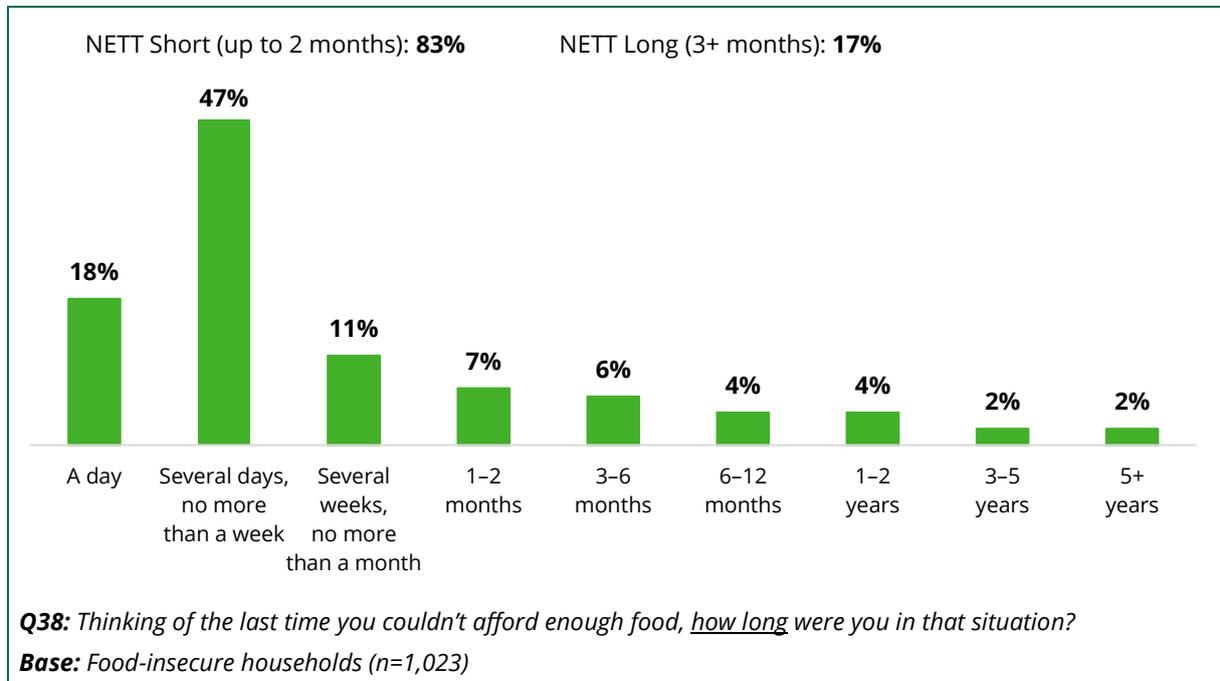
More than half (57%) of food-insecure households could not afford enough food as recently as within the last month, with most (85%) facing this issue within the last 6 months.

Chart 14: First time experiencing not being able to afford enough food



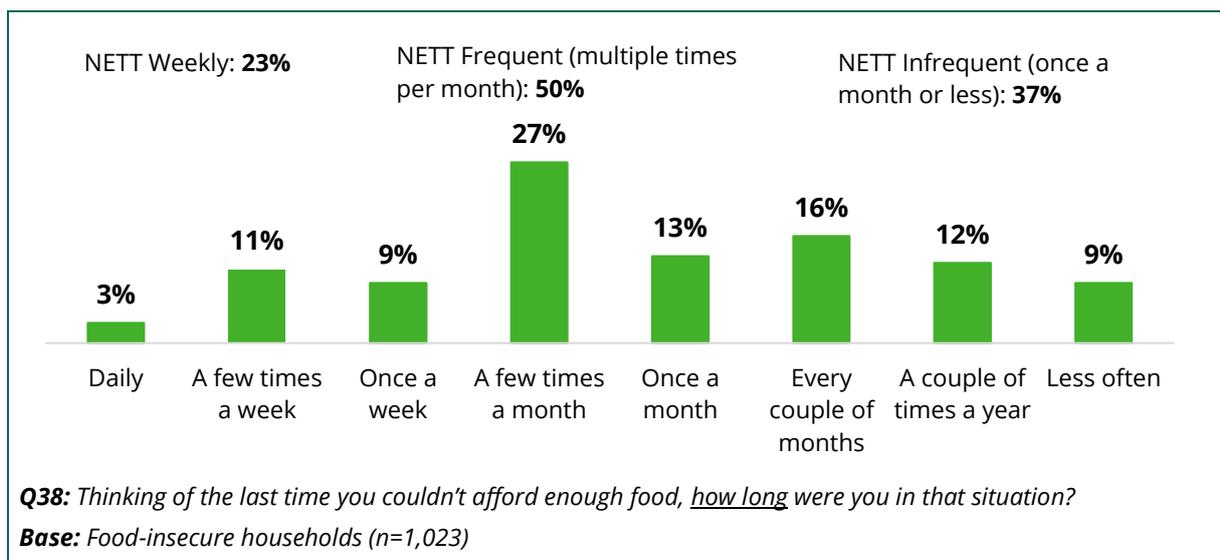
When asked about the most recent period of not being able to afford enough food, nearly half (47%) of food-insecure households stated that this period lasted for several days. While most periods of insecurity (83%) were relatively short-term (lasting for up to 2 months), close to 1 in 5 (17%) households experienced periods of food insecurity which lasted longer than that, up to 5 years or longer.

Chart 15: Duration of being unable to afford enough food



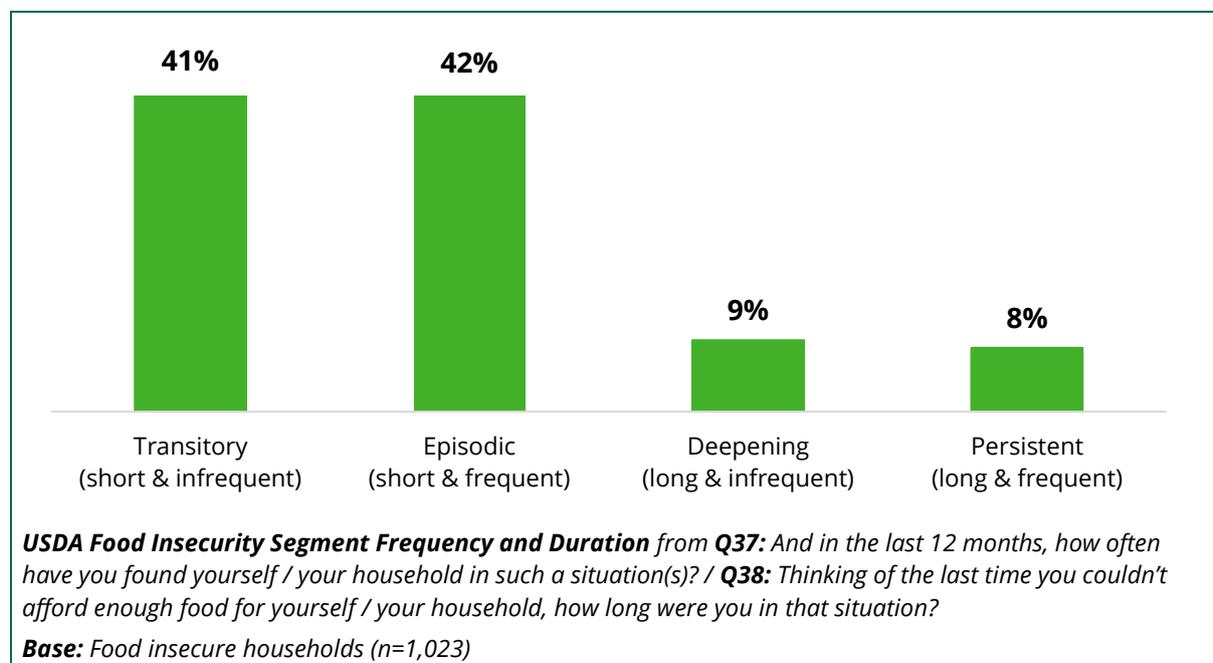
Half (50%) of food-insecure households face periods of being unable to afford food frequently (multiple times per month), with close to a quarter (23%) dealing with this weekly.

Chart 16: Frequency of being unable to afford enough food



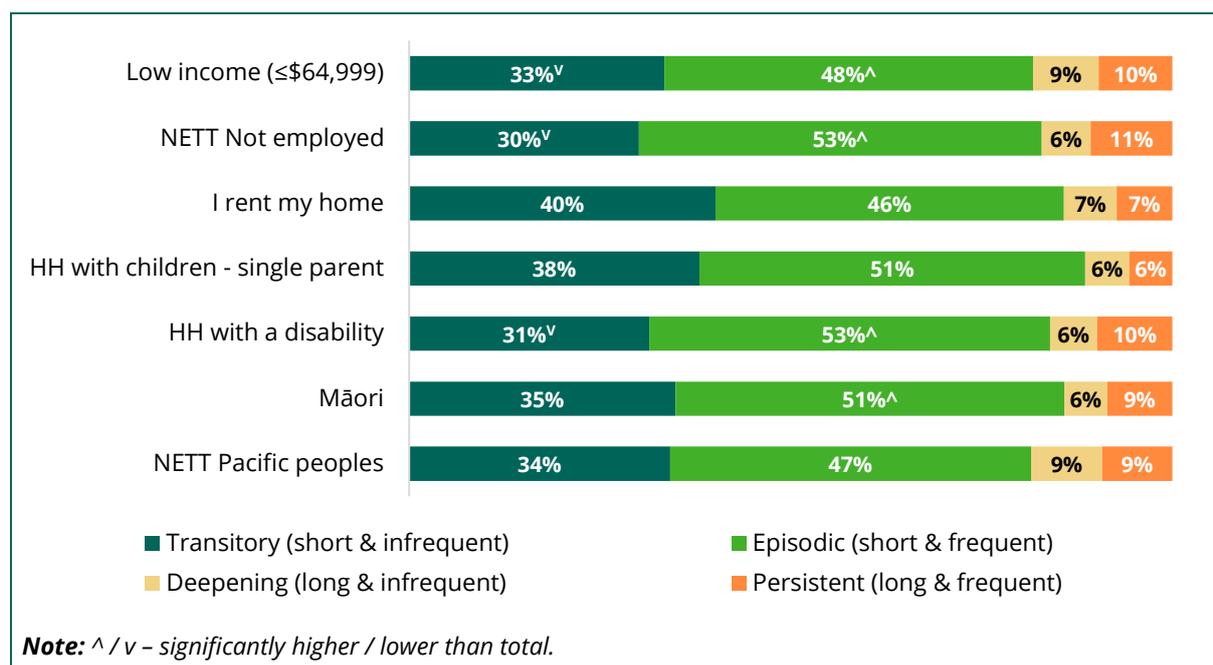
The 2025 Hunger Monitor categorises food insecurity by varying levels of severity, which are based on frequency and duration. A significant proportion of food insecurity experienced by New Zealand households in the last 12 months can be categorised as either transitory (short-term and infrequent) or episodic (short-term and frequent), while 8% is persistent (long-term and frequent).

Chart 17: Frequency and duration of food insecurity



Among groups that are significantly more likely to be food insecure, those earning a low income, the employed, people with disabilities, and Māori were more likely to experience episodic (short and frequent) food insecurity.

Chart 18: Frequency and duration of food insecurity by...



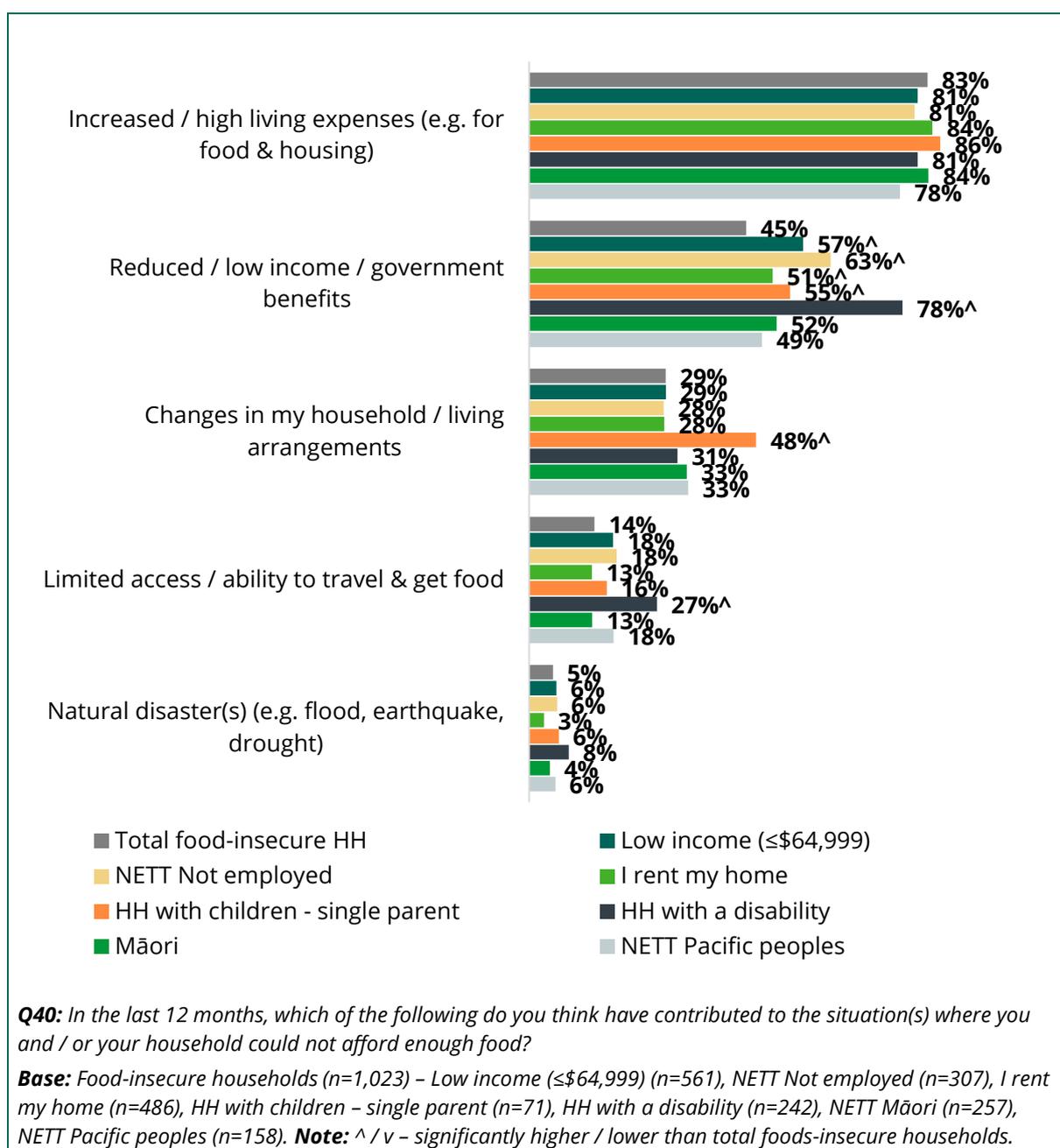
Factors contributing to food insecurity

Increased / high living expenses is a contributing factor for most food-insecure households (83% overall) and is the most frequently identified contributing factor across all groups.

Reduced / low income was also a frequent contributor (45% overall), especially so for households with people with disabilities (78%^), those unemployed (63%^), single-parent households with children (55%^), and renters (51%^).

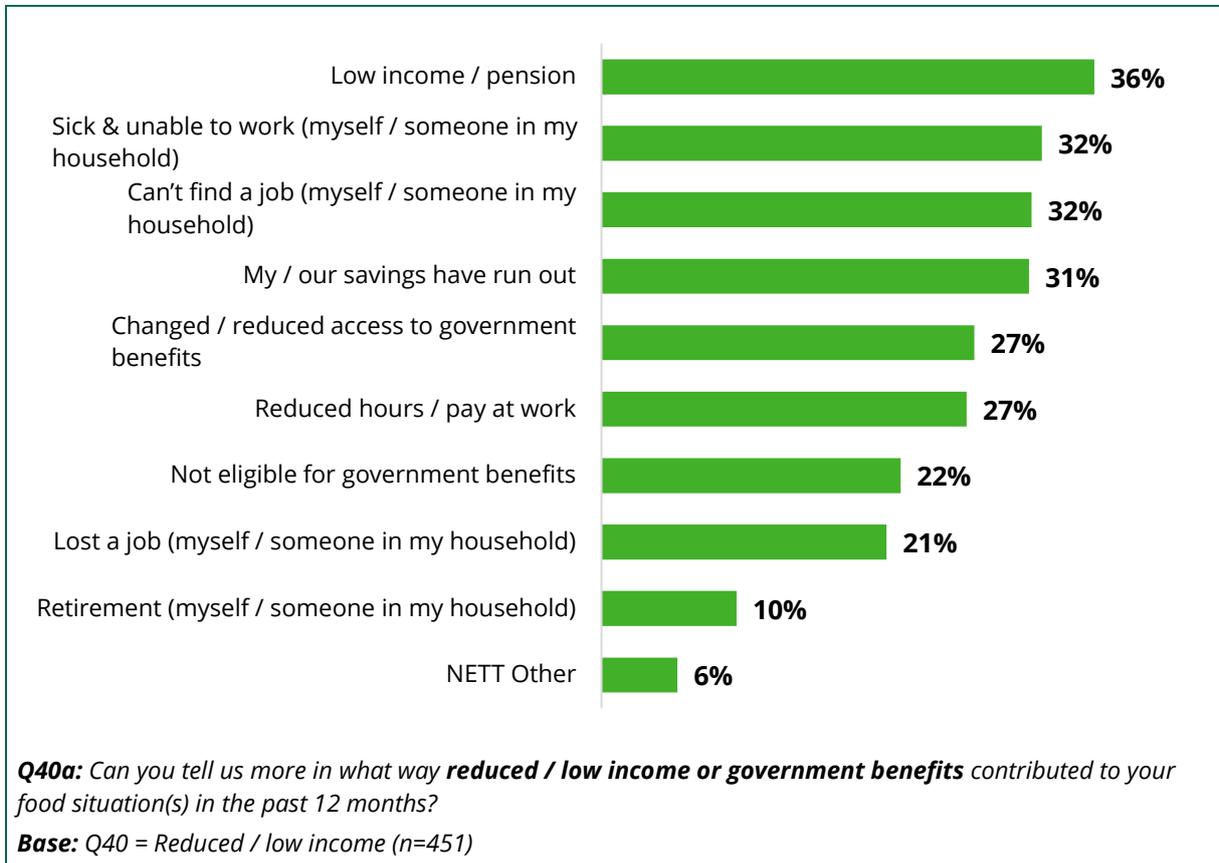
Single-parent households with children are more likely to say changes in their household or living arrangements contributed to their difficulty affording food (48%^).

Chart 19: Factors contributing to food insecurity among New Zealand households



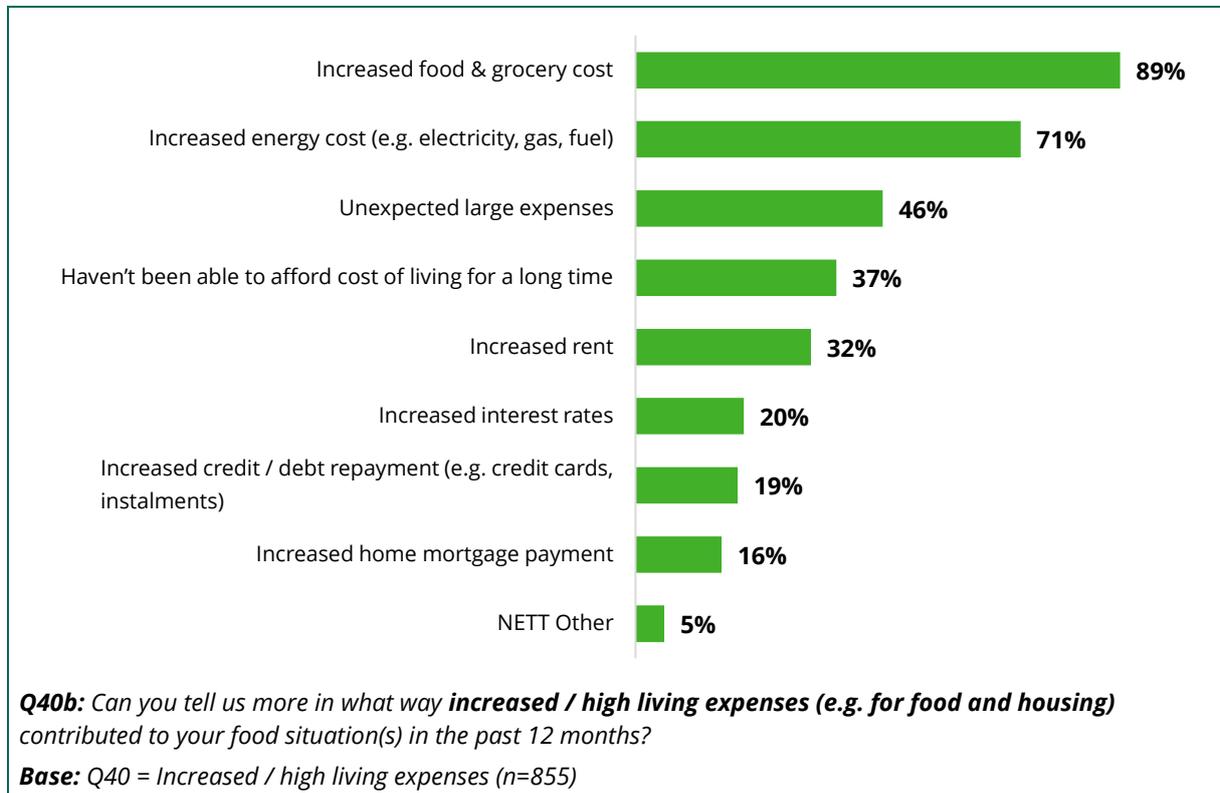
Among those who cited reduced / low income as a contributing factor to their food insecurity, *sickness, inability to find a job, and dwindling savings* are most frequently indicated as being behind their reduced income.

Chart 20: Reasons for food insecurity among households citing *reduced / low income* as cause of food insecurity



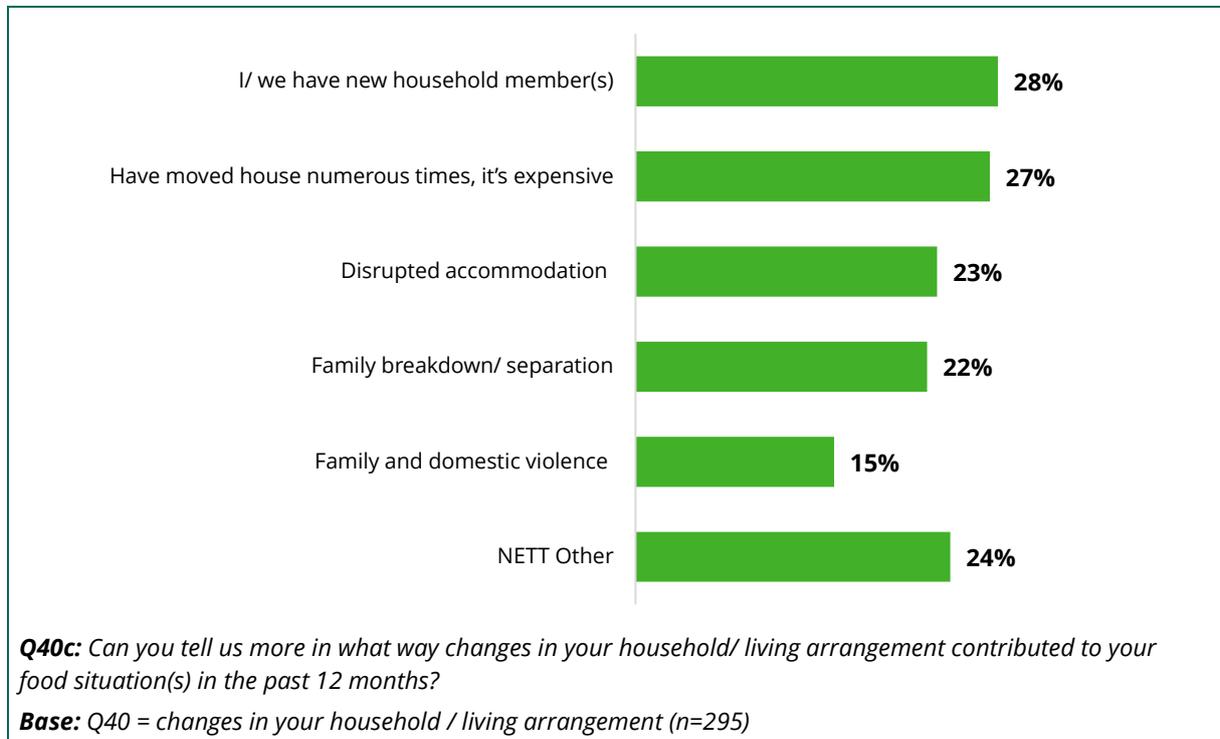
Increased / high living expenses for households are often attributed to *increased food & grocery* and *energy costs*. Nearly half (46%) of households citing increased / high living expenses as a contributing factor to food insecurity also indicated that they encountered *unexpected large expenses*.

Chart 21: Reasons for food insecurity among NZ households citing *increased / high living expenses*



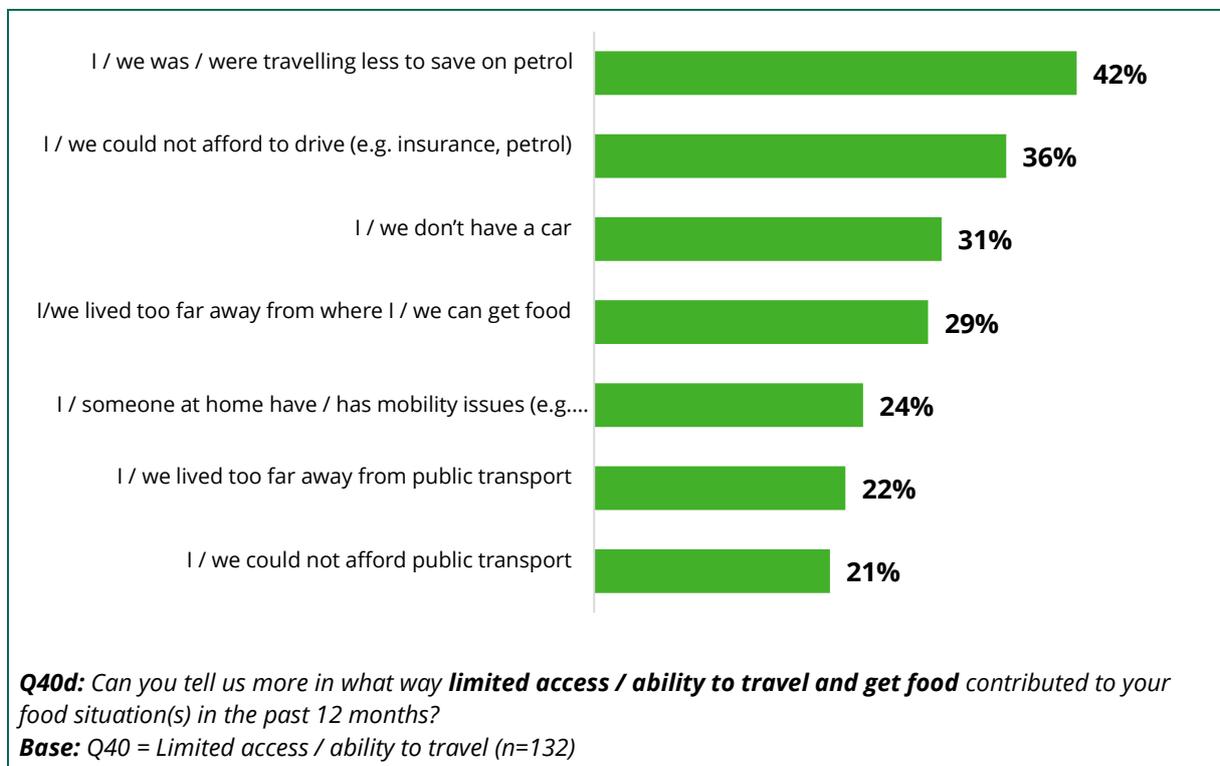
Among those who indicated that changes in their household / living arrangements contributed to their difficulty affording food, around a quarter stated it was due to *acquiring new household member(s)* (28%), *having moved houses due to costs* (27%), *disruptions to their accommodation* (23%), or *family breakdown / separation* (22%).

Chart 22: Reasons for food insecurity among NZ households citing *changes in household / living arrangements*



Among those who could not afford food due to limited access or travel, *saving money on petrol* (42%), *not being able to afford to drive* (36%), or *not having a car* (31%) were most frequently cited as reasons.

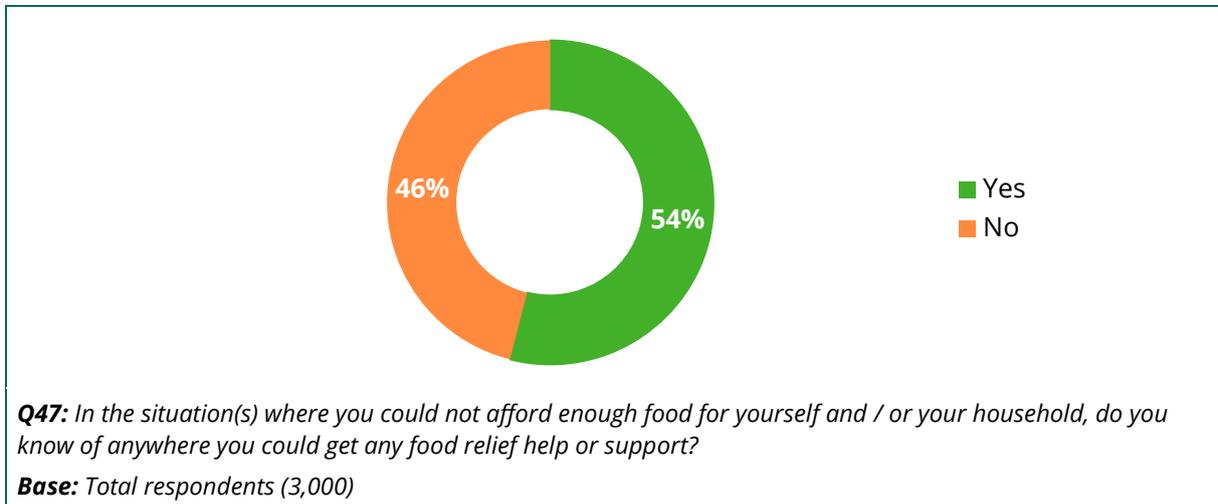
Chart 23: Reasons for food insecurity among NZ households citing *limited access / ability to travel*



Awareness of food relief services

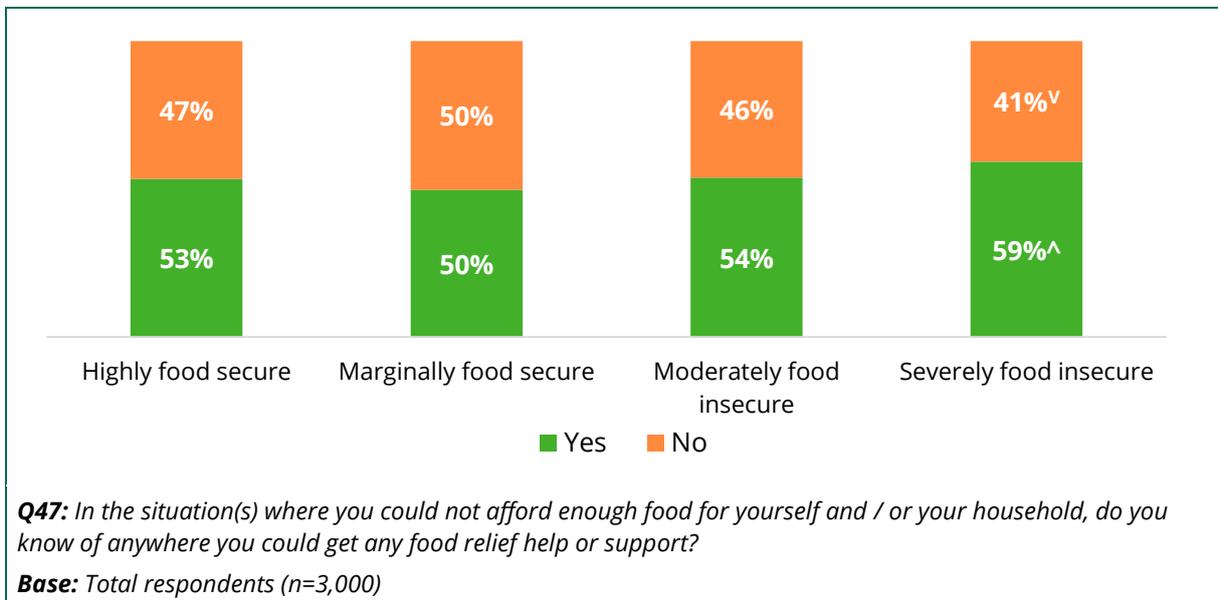
Just over half (54%) of New Zealanders indicated that they know where they could go to get help or support for food relief should they need it.

Chart 24: Awareness of where to get help or support for food relief



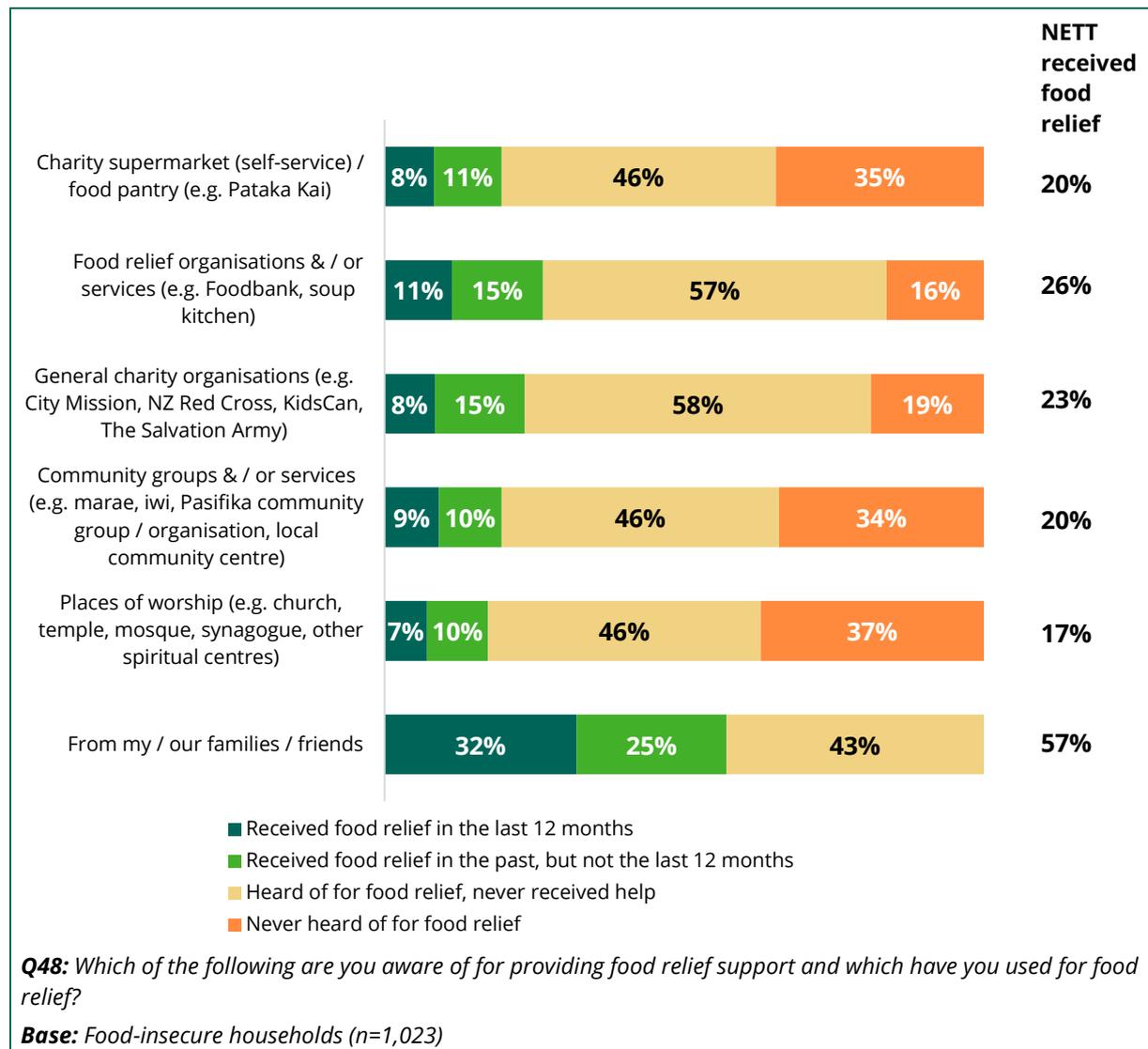
Awareness of where to get help or support for food relief is higher among those who are severely food insecure. However, 2 in 5 (41%) of severely food-insecure households indicated that they do not know of anywhere they could get food relief help or support.

Chart 25: Awareness of where to get help or support for food relief by food security segments



Most food-insecure households sought food relief from *their friends or family* (57%). In terms of formal sources of food relief, most received support from *food relief organisations* (i.e. foodbanks or soup kitchens) (26%) and *general charity organisations* (23%). Awareness of food relief services is lower for *places of worship* (37% are not aware that they offer food relief), *charity supermarkets* (35%), and *community groups and / or services* (34%).

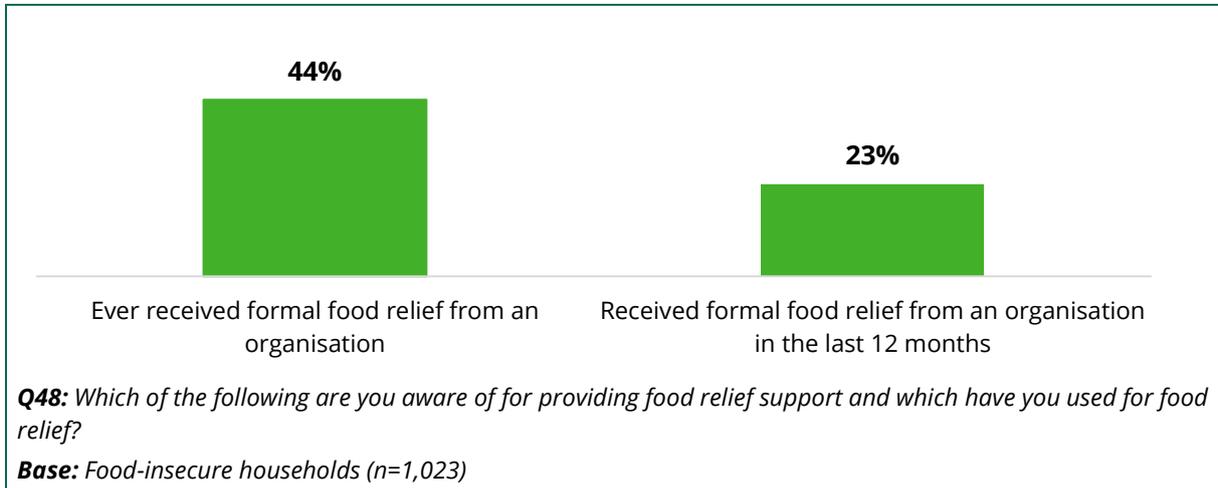
Chart 26: Awareness and / or access of food relief support



Access to food relief services

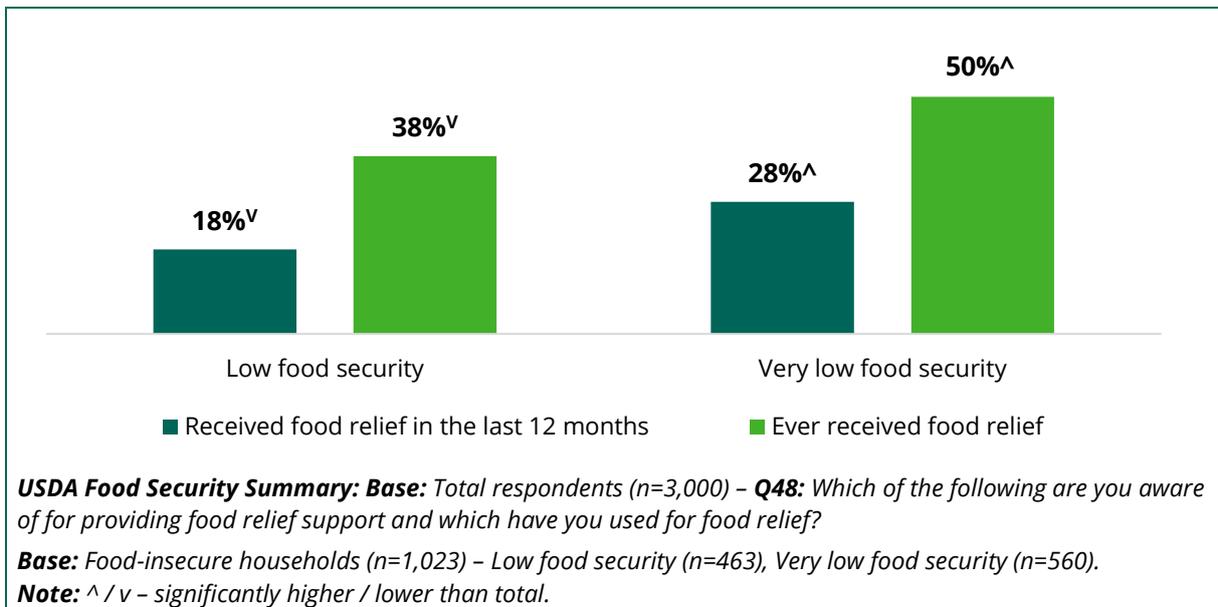
Just under half (44%) of food-insecure households indicated that they had received food relief from an organisation (i.e. excluding relief from friends or family), while 56% had never done so. In terms of recent use, 23% accessed food relief within the last 12 months.

Chart 27: Food relief received by food-insecure households



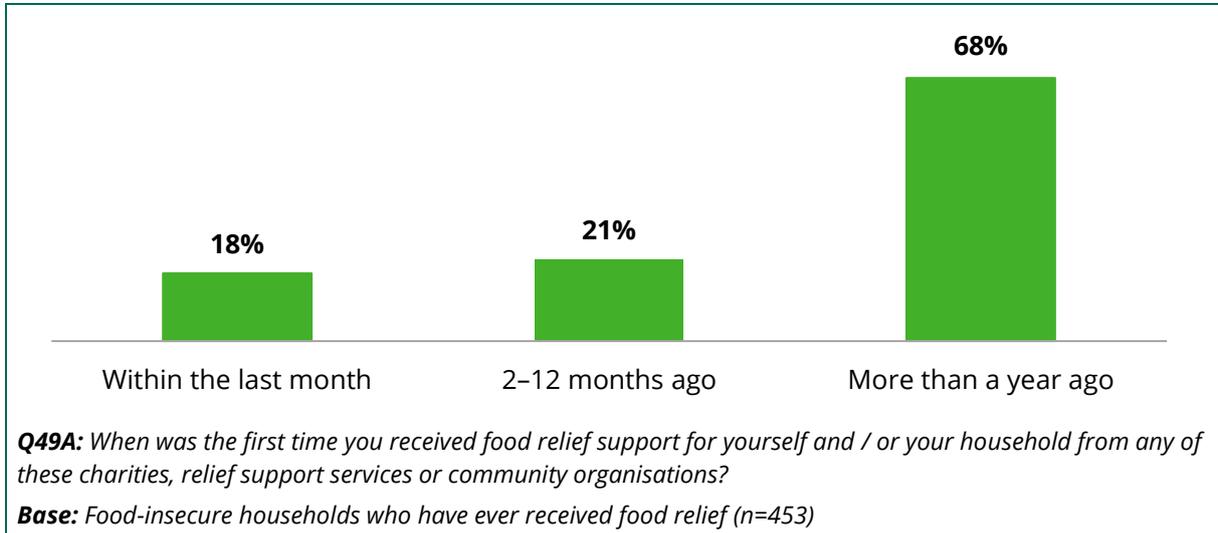
Use of formal food relief support is higher among households with very low food security. In the past 12 months, 28% of this group received support, compared with 18% of those with low food security. Half (50%) of severely food-insecure households have accessed food relief, compared to 38% of the moderately food insecure.

Chart 28: Formal food relief received by severity of food insecurity



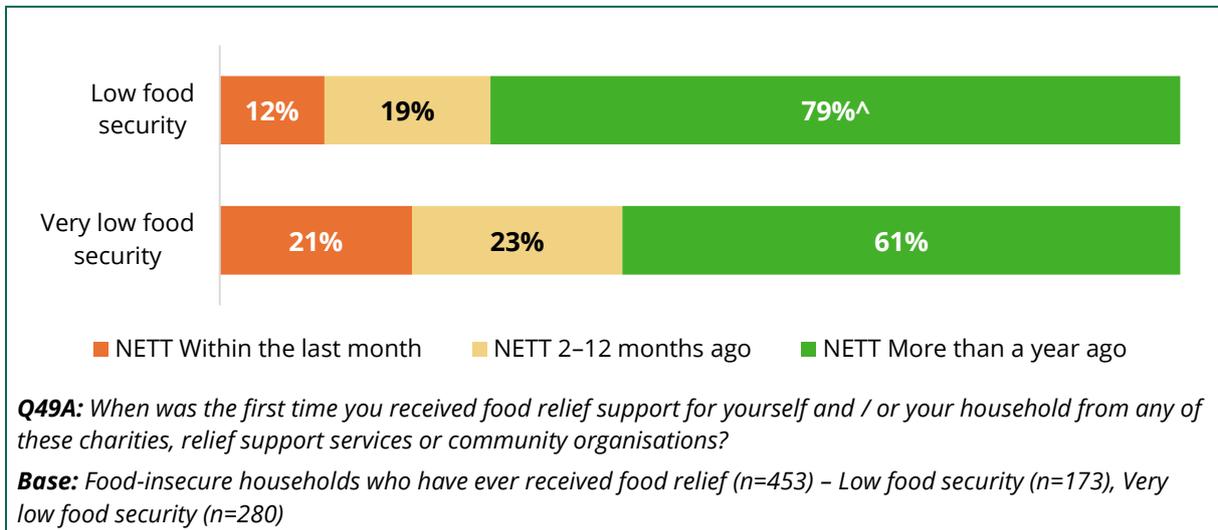
Most food-insecure households first received food relief more than a year ago (68%), indicating that for many, food insecurity has persisted over time. A further 21% had their first experience 2–12 months ago, while 18% first accessed support within the past month.

Chart 29: First time receiving formal food relief support among food-insecure households



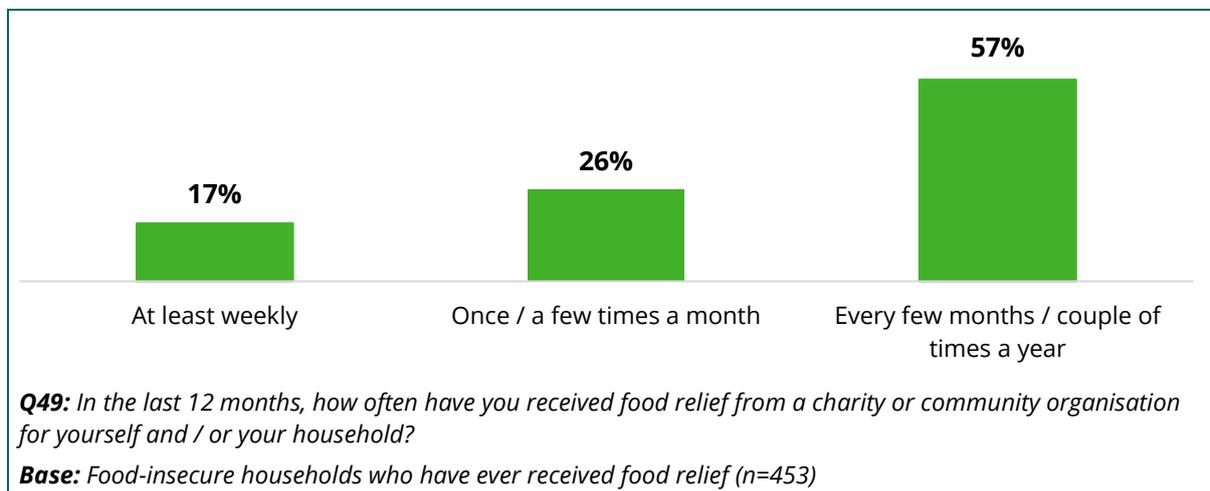
Moderately food-insecure households are significantly more likely to have received food relief more than a year ago (79%^). Around 1 in 5 (21%) of the severely food-insecure first received food relief within the last month.

Chart 30: First time receiving formal food relief support among food-insecure households by food insecurity severity



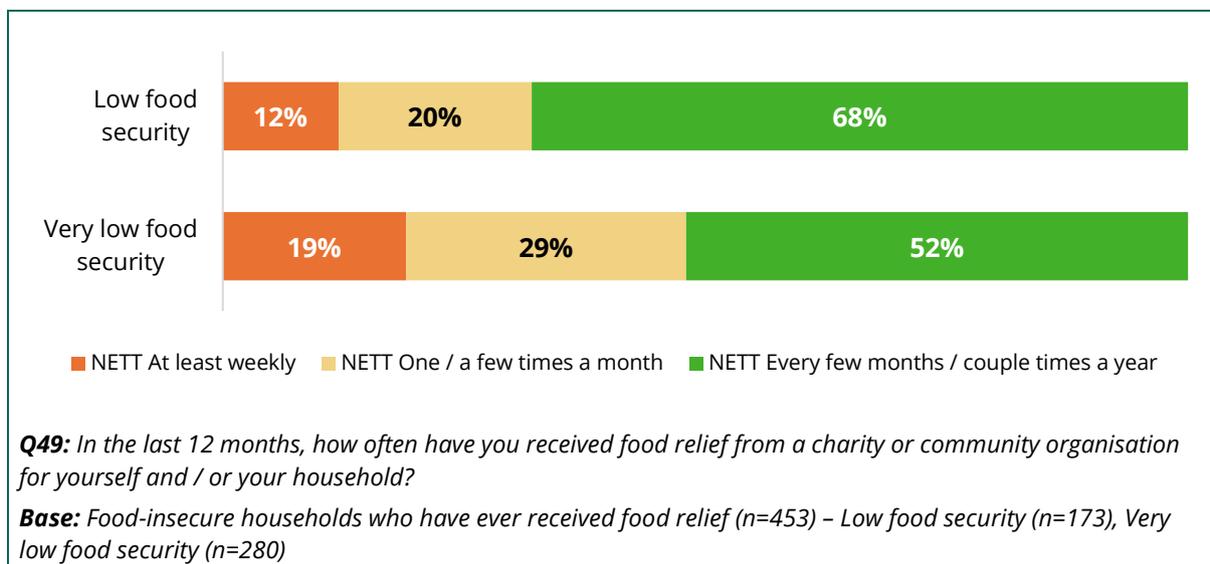
Most food-insecure households use food relief only occasionally, with 57% receiving it every few months or a couple of times a year. A quarter (26%) accessed relief once to a few times a month. A smaller proportion accessed food relief more frequently, with 17% receiving food relief at least weekly.

Chart 31: Frequency of receiving formal food relief support among food-insecure households



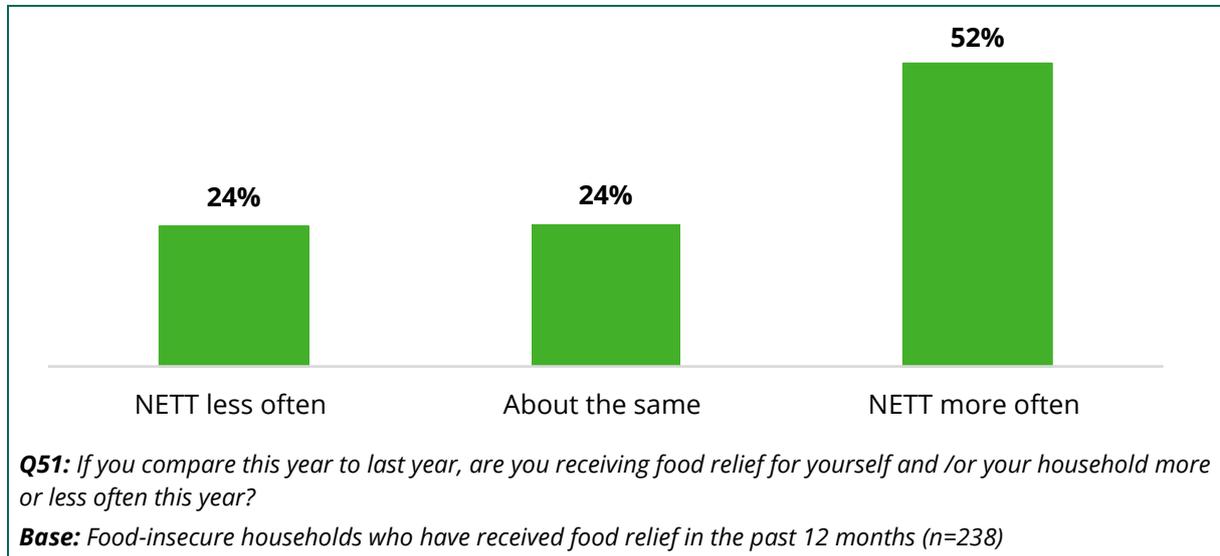
Severely food-insecure households are more likely to receive food relief more frequently, with 1 in 5 (19%) seeking it weekly, and 29% seeking it once or a few times a month.

Chart 32: Frequency of receiving formal food relief support among food-insecure households by food insecurity severity



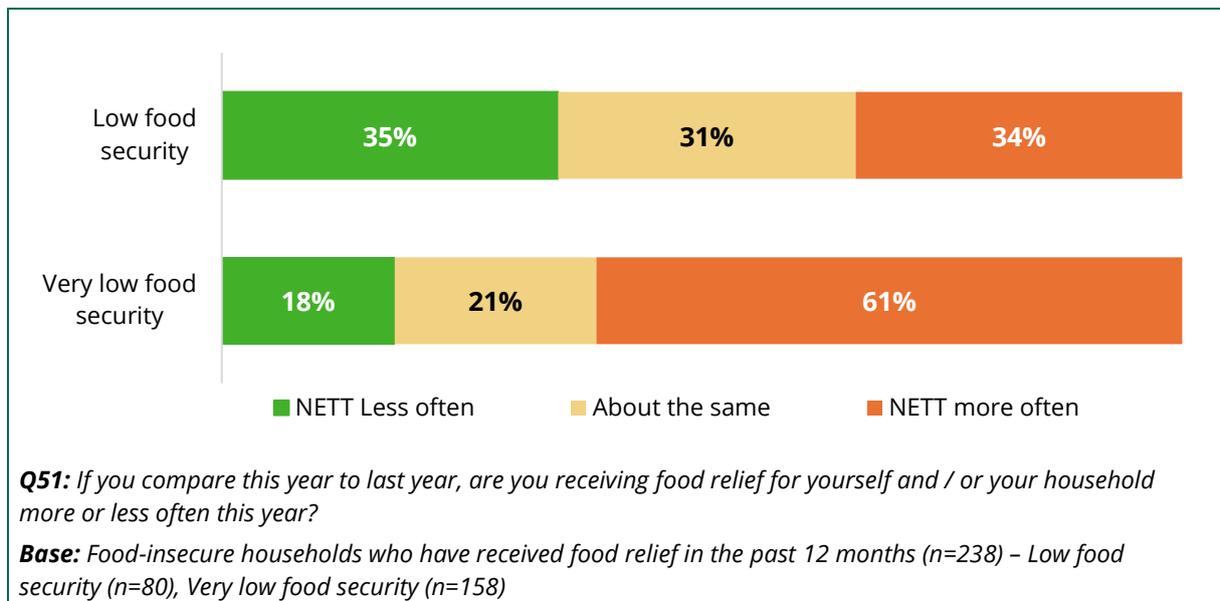
In terms of frequency of accessing food relief to last year, more than half (52%) reported receiving food relief more often. An equal proportion described steady or reduced use – 24% stated they receive it about the same and 24% less often.

Chart 33: Frequency of formal food relief access compared to last year among food-insecure households (past 12 months)



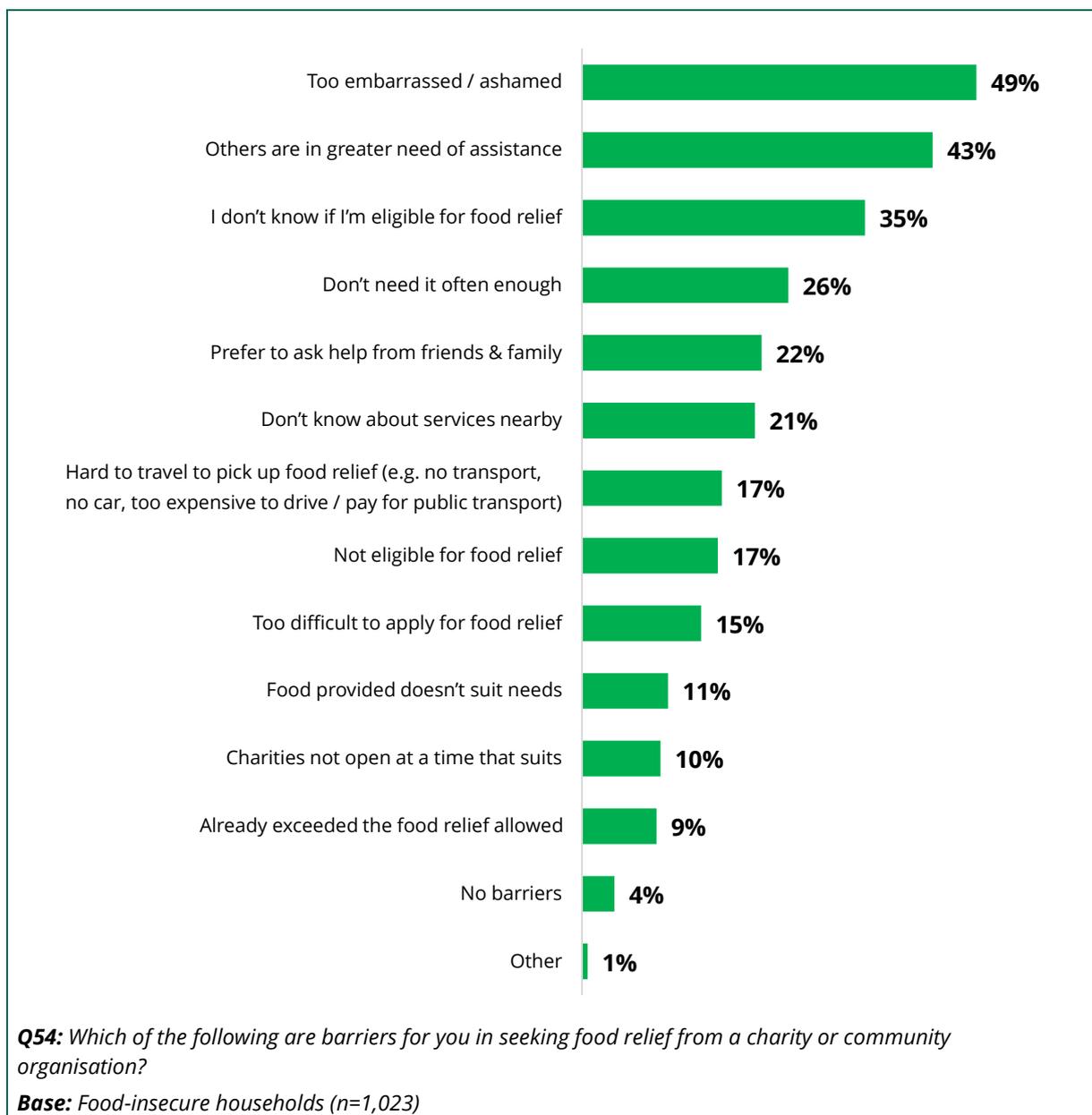
Severely food-insecure households are much more likely to state that they are accessing food relief more often than they were last year (61%).

Chart 34: Frequency of receiving formal food relief support compared to last year, among food-insecure households by food insecurity severity



When it comes to barriers to accessing food relief, nearly half (49%) of food-insecure households stated they are *too embarrassed or ashamed*, and 43% feel *others were in greater need than themselves*. Uncertainty was common, with around a third (35%) indicating that they *do not know whether they were eligible for relief*. Some cited *infrequent need* (26%), preferring support from friends or family (22%), or *lacking information about nearby services* (21%). Though the numbers were relatively small, issues with access also emerged, with 17% indicating *difficulties with travel or transport*, while the same proportion reported that they are *not eligible to receive food relief support*, and 15% indicating that *it is too difficult to apply for food relief*.

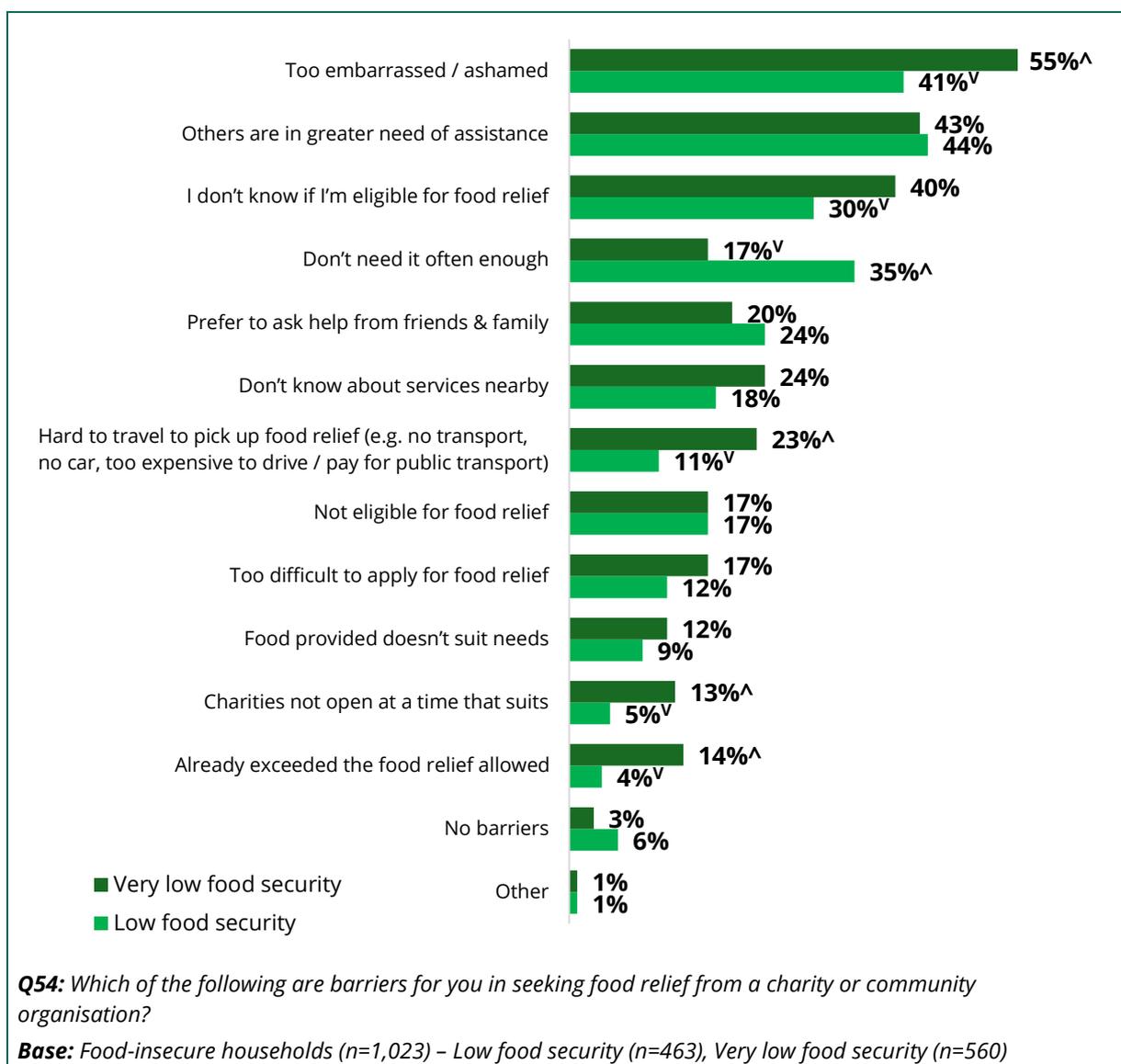
Chart 35: Barriers to accessing food relief among food-insecure households



Key differences stood out between moderately and severely food-insecure households in terms of barriers to accessing food relief. *Embarrassment or shame* is much higher among the severely food insecure (55% vs 41% among moderately food-insecure households), while moderately food-insecure households are more likely to indicate that *infrequent need* (35% vs 17% among severely food-insecure households).

Practical barriers appeared more often among the severely food insecure: *difficulties travelling to pick up food* (23% vs 11% moderately food insecure), *opening hours that didn't suit* (13% vs 5%), *having already exceeded food relief limits* (14% vs 4%), and *difficult application processes* (17% vs 12%).

Chart 36: Barriers to accessing food relief among food-insecure households by food insecurity severity



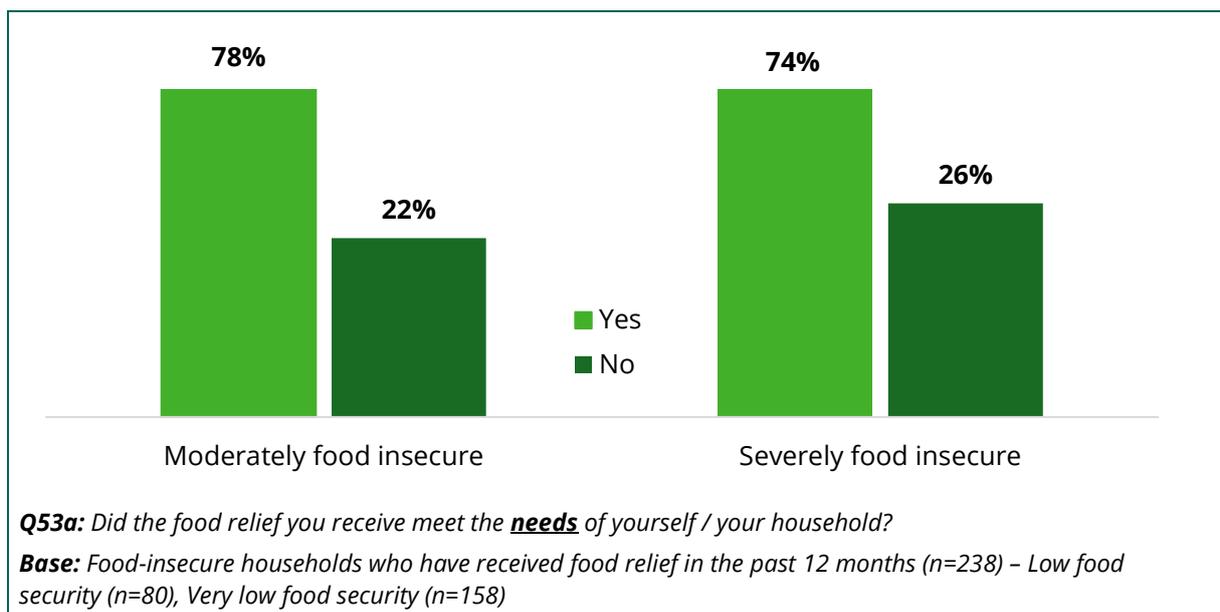
Moderately food-insecure households reported an average of 10.9 meals per week provided through food relief, while severely food-insecure households reported a slightly higher average, at 12.5 meals per week.

Table 5: Average number of equivalent meals received from food relief services in most recent week among food-insecure households by food insecurity severity

Moderately food insecure	Severely food insecure
10.9 meals	12.5 meals
<p>Q52c: Please give us your best estimate of the number of food relief meals provided for you in that week. Base: Food-insecure households who have received food relief in the past 12 months (n=238) – Low food security (n=80), Very low food security (n=158)</p>	

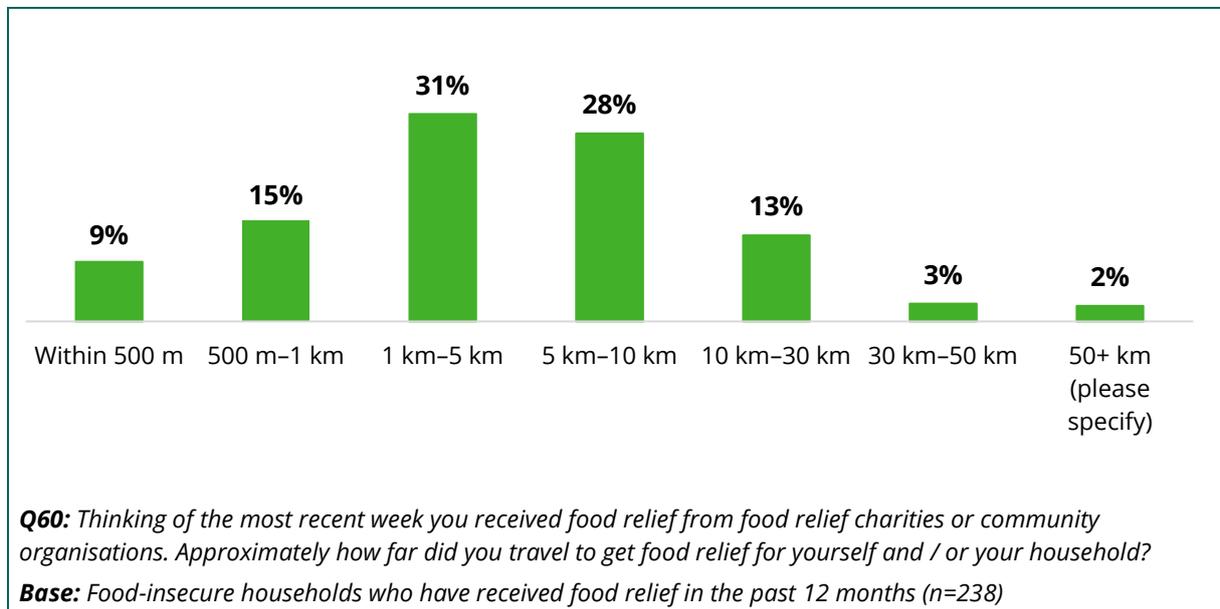
Most moderately food-insecure households found the food relief they received sufficient, with 78% stating their needs were met. Similarly, 3 in 4 (74%) of severely food-insecure households reported adequate support, while for about a quarter (26%) the relief fell short of their needs.

Chart 37: Needs being met among food-insecure households who have received formal food relief services in the most recent week by food insecurity severity



Among those who received food relief, most faced a modest journey, with 59% travelling 1–10 kilometres, perhaps a short ride or a long walk to distribution points. A smaller, though notable, 18% travelled more than 10 kilometres to receive food relief.

Chart 38: Distance travelled to access formal food relief services in the most recent week by food-insecure households



Food Attitudes

Estimate of food insecurity in community

Food-insecure households are significantly more likely to estimate that a greater proportion of their community are also experiencing food insecurity; those who are severely food insecure estimate that 44.3 out of 100 households in their community have experienced not being able to afford enough food.

Table 6: Average estimate of households experiencing food insecurity in community

Overall average	26.5
High food security	17.9 ^v
Marginal food security	26.6
Low food security	34.9 [^]
Very low food security	44.3 [^]
<p>P15: Thinking of the community where you currently live, out of every 100 households, how many do you think have had experience of not being able to afford enough food for themselves and/or their families over the last 12 months?</p> <p>Base: Total respondents (3,000), High food security (n=1,507), Marginal food security (n=470), Low food security (n=463), Very low food security (n=560). Note: ^ / v – significantly higher / lower than total,</p>	

Appendix

USDA – US Household Food Security Survey Module (HFSSM)

The 2025 Hunger Monitor survey follows the USDA HFSSM to measure food insecurity. The table below provides a definition of each of the four categories. The full USDA survey instrument and implementation guide can be found at: <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/survey-tools/>

Table 7: Definitions of food security categories

	Level of impact	Label as per HFSSM	Definition
Food secure	Highly food secure	High food security	No reported indications of food access problems or limitations.
	Marginally food secure	Marginal food security	One or two reported indications – typically of anxiety over food sufficiency or shortage of food in the house. Little or no indication of changes in diets or food intake.
Food insecure	Moderately food insecure	Low food security	Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.
	Severely food insecure	Very low food security	Reports of multiple indications of disrupted eating patterns and reduced food intake.

A summary of all HFSSM indicators used to measure household level of food security is provided in the table below. Each indicator, if receiving an affirmative response from the survey respondent, will be coded with a score of one for the relevant respondent.

Depending on their levels of household food security, and whether there are children in the household, the food insecure households can receive a raw score of minimum three to maximum eighteen for those living with children, and a raw score of minimum three to maximum ten for those without children.

Table 8: Summary of HFSSM indicators used to measure household level of food security

Household members	Indicators	Definition / affirmative responses for each indicator
Anyone in the household	Agree that they <i>“worried whether my / our food would run out before I / we got money to buy more”</i>	Sometimes true / often true
	Agree that <i>“the food that I / we bought just didn't last, and I / we didn't have money to get more”</i>	Sometimes true / often true
	Agree that <i>“I / we couldn't afford to eat balanced meals”</i>	Sometimes true / often true

Household members	Indicators	Definition / affirmative responses for each indicator
Any adult(s) in the household	The respondent or any other adult in their household has had experience ever cutting the size of meals or skip meals because there wasn't enough money for food in the last 12 months	Self-reported "yes"
	The frequency of experience cutting the size of meals / skipping meals because there wasn't enough money for those who did undergo such situation in the last 12 months	Experience / happened more often than 'only 1 or 2 months'
The adult respondent themselves	Experience in the last 12 months of ever eating less than they felt they should because there wasn't enough money for food	Self-reported "yes"
	Experience in the last 12 months of ever being hungry but did not eat because there wasn't enough money for food	Self-reported "yes"
	Experience in the last 12 months of ever losing weight because there wasn't enough money for food	Self-reported "yes"
Any adult(s) in the household	The respondent or any other adult in their household has had experience ever not eating for a whole day because there wasn't enough money for food	Self-reported "yes"
	The frequency of experience not eating for a whole day because there wasn't enough money for food, for those who did undergo such situation in the last 12 months	Experience / happened more often than 'only 1 or 2 months'
Any children in the household (for households with children)	Agree that they <i>"relied on only a few kinds of low-cost food to feed the child/ren because of running out of money to buy food"</i>	Sometimes true / often true
	Agree that they <i>"couldn't feed the child/ren a balanced meal, because I / we couldn't afford that"</i>	Sometimes true / often true
	Agree that their child/ren <i>"were not eating enough because I / we just couldn't afford enough food"</i>	Sometimes true / often true
	Experience of ever cutting the size of child/ren's meals because there wasn't enough money for food in the last 12 months	Self-reported "yes"
	Experience of the child/ren's ever skipping meals because there wasn't enough money for food in the last 12 months	Self-reported "yes"
	Frequency of the child/ren's ever skipping meals because there wasn't enough money for food for those who did in the last 12 months	Experience / happened more often than 'only 1 or 2 months'
	Experience of the child/ren's ever being hungry in the last 12 months because the respondent <i>"just couldn't afford more food"</i>	Self-reported "yes"
	Experience of the child/ren's ever not eating for a whole day because there wasn't enough money for food in the last 12 months	

Food relief glossary

Table 9: Food relief glossary

Food relief	Indicators	Definition / affirmative responses for each indicator
Aware of formal food relief	Agree that they were <i>“aware of Places of worship (e.g. church, temple, mosque, synagogue, or other spiritual centres) for providing food relief support”</i>	Heard of for food relief, never received help / Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of Community groups and / or services (e.g. marae, iwi, Pasifika community group or organisation, the local community centre) for providing food relief support”</i>	Heard of for food relief, never received help / Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of General charity organisations (e.g. City Mission, NZ Red Cross, KidsCan, The Salvation Army) for providing food relief support”</i>	Heard of for food relief, never received help / Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of Food relief organisations and / or services (e.g. Foodbank, soup kitchen) for providing food relief support”</i>	Heard of for food relief, never received help / Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of Charity supermarket (self-service) / food pantry (e.g. Pātaka Kai) for providing food relief support”</i>	Heard of for food relief, never received help / Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
Aware of informal food relief	Agree that they were <i>“aware of my / our families or friends for providing food relief support”</i>	Heard of for food relief, never received help / Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
Received formal food relief	Agree that they were <i>“aware of Places of worship (e.g. church, temple, mosque, synagogue, or other spiritual centres) for providing food relief support and have used for food relief”</i>	Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of Community groups and / or services (e.g. marae, iwi, Pasifika community group or organisation, the local community centre) for providing food relief support and have used for food relief”</i>	Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of General charity organisations (e.g. City Mission, NZ Red Cross, KidsCan, The Salvation Army) for providing food relief support and have used for food relief”</i>	Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
	Agree that they were <i>“aware of Food relief organisations and / or services (e.g. Foodbank, soup kitchen) for providing food relief support and have used for food relief”</i>	Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months

Food relief	Indicators	Definition / affirmative responses for each indicator
	Agree that they were <i>“aware of Charity supermarket (self-service) / food pantry (e.g. Pātaka Kai) for providing food relief support and have used for food relief”</i>	Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months
Received informal food relief	Agree that they were <i>“aware of my / our families or friends for providing food relief support and have used for food relief”</i>	Received food relief in the past, but not the last 12 months / Received food relief in the last 12 months

USDA food security segments by household / demographic profile

Chart 39: USDA food security segments in Aotearoa New Zealand

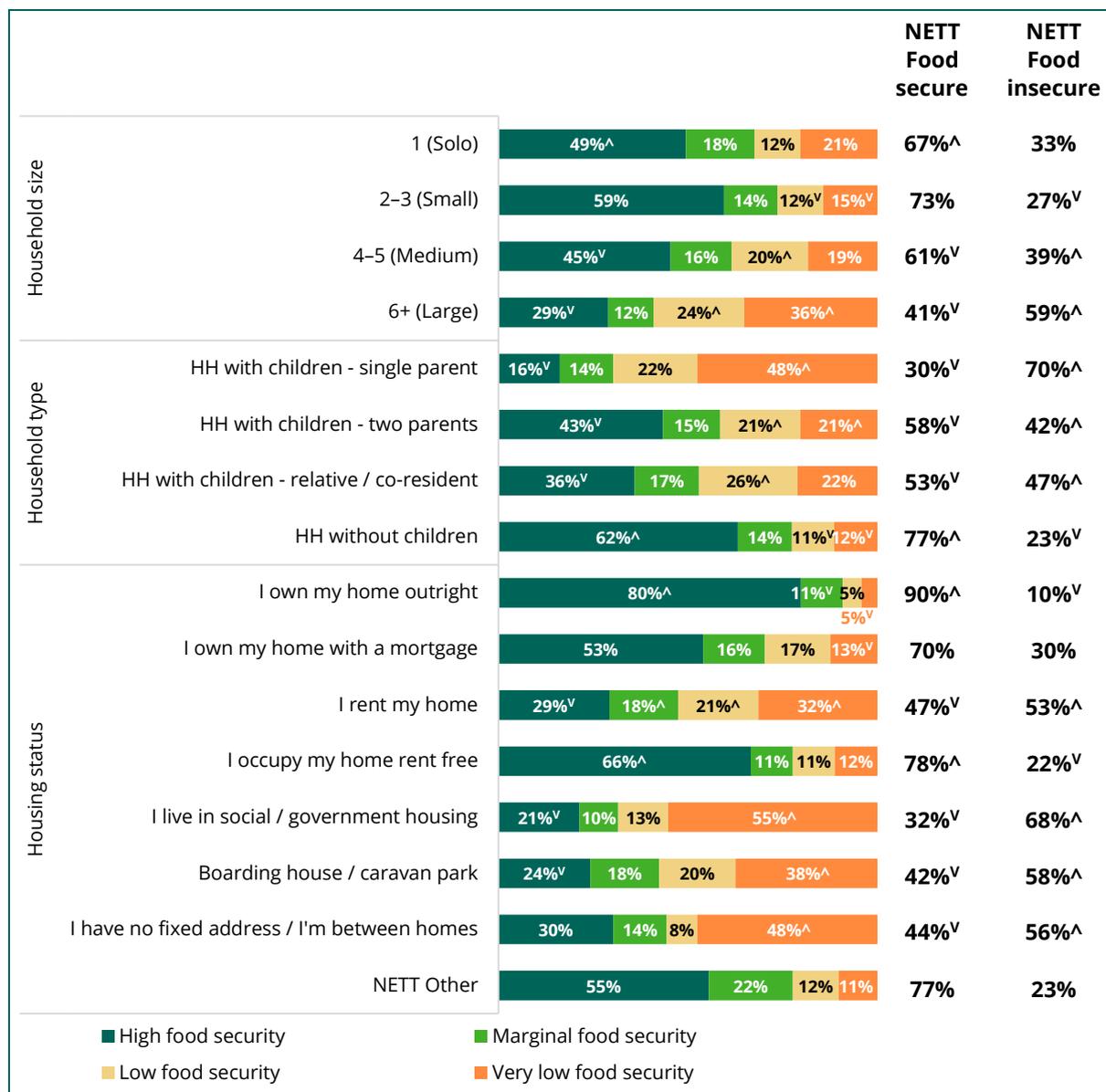


Chart 40: USDA food security segments in Aotearoa New Zealand

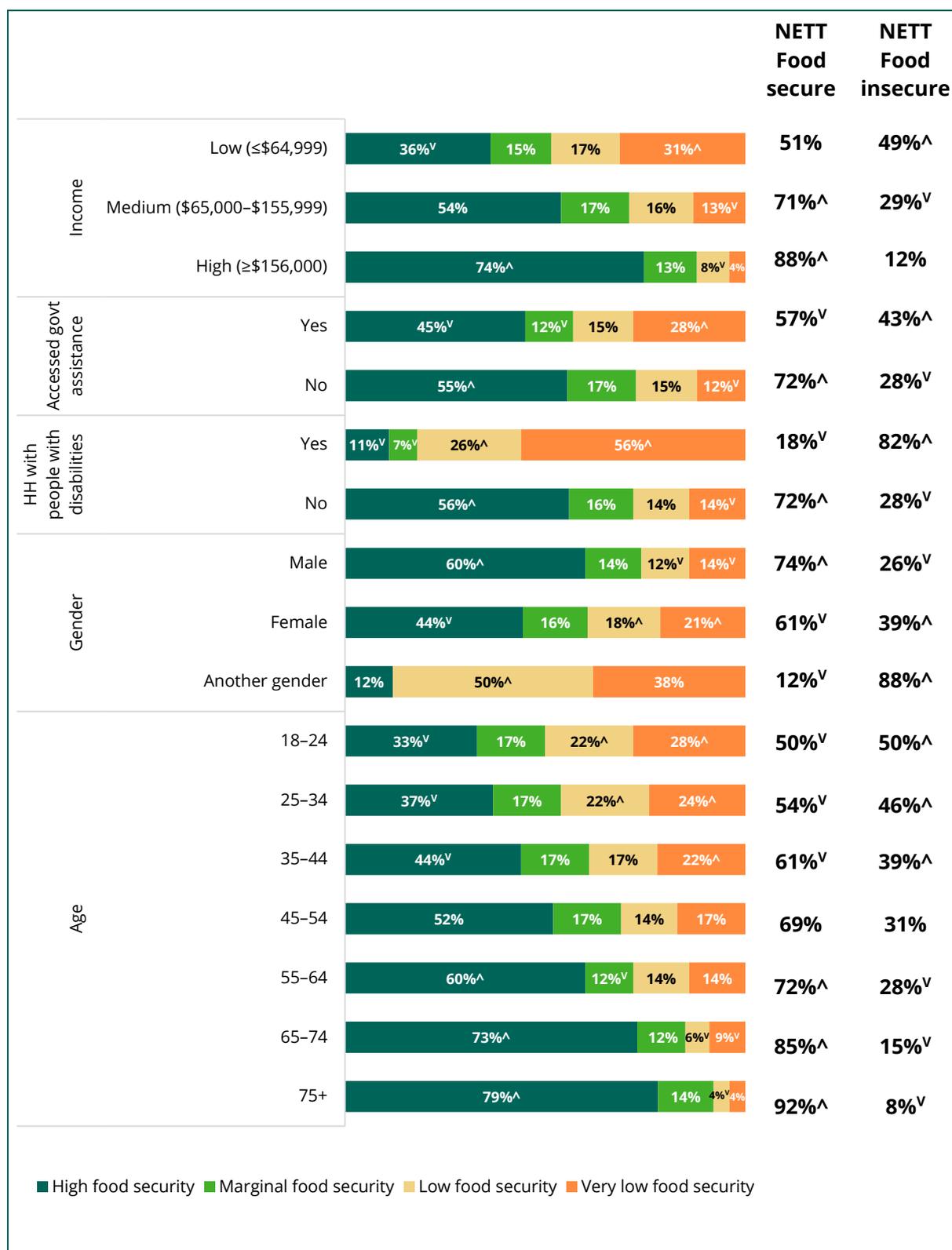
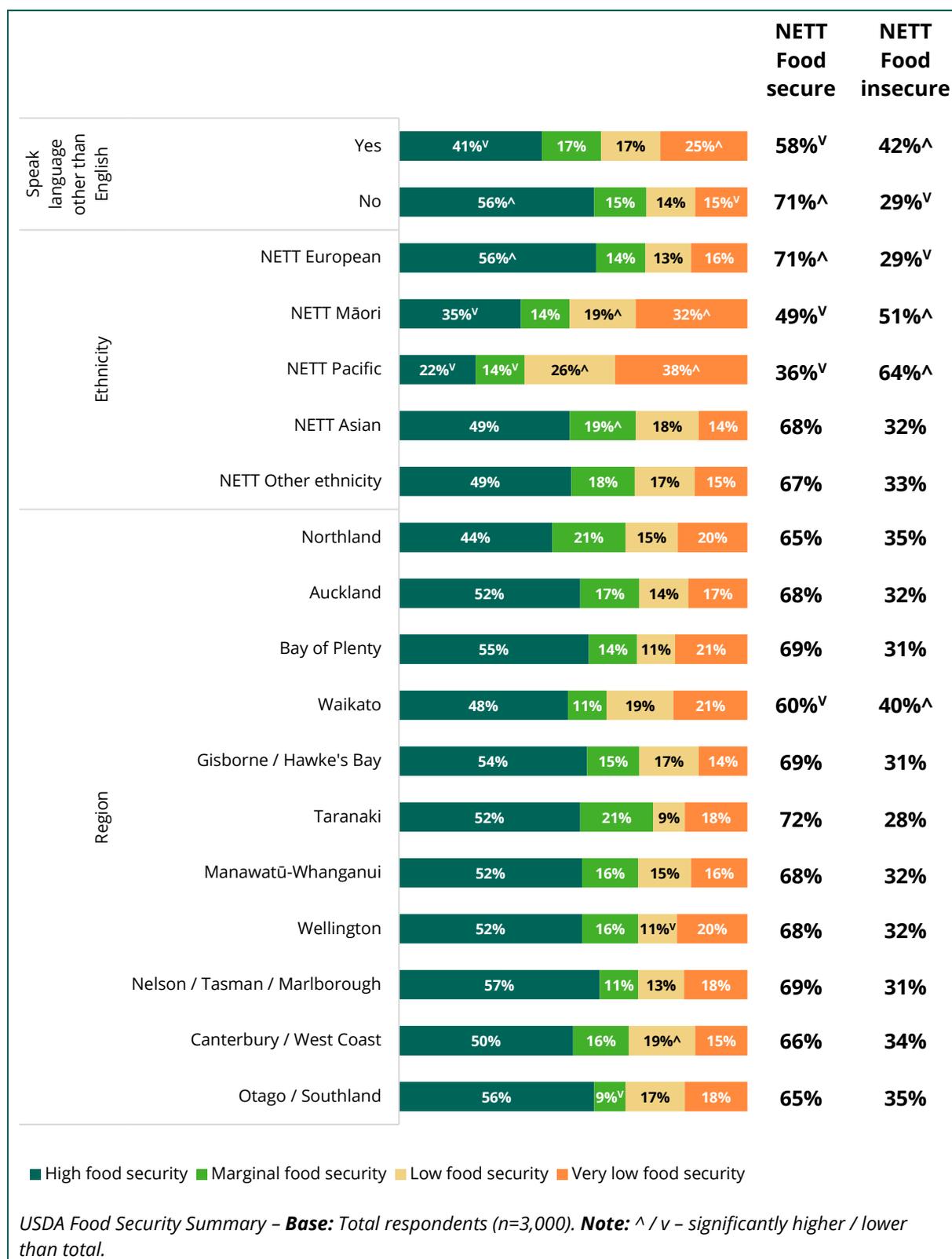


Chart 41: USDA food security segments in Aotearoa New Zealand



Actions to manage cost of living by food security

Chart 40: Actions taken to manage cost-of-living by food security segments

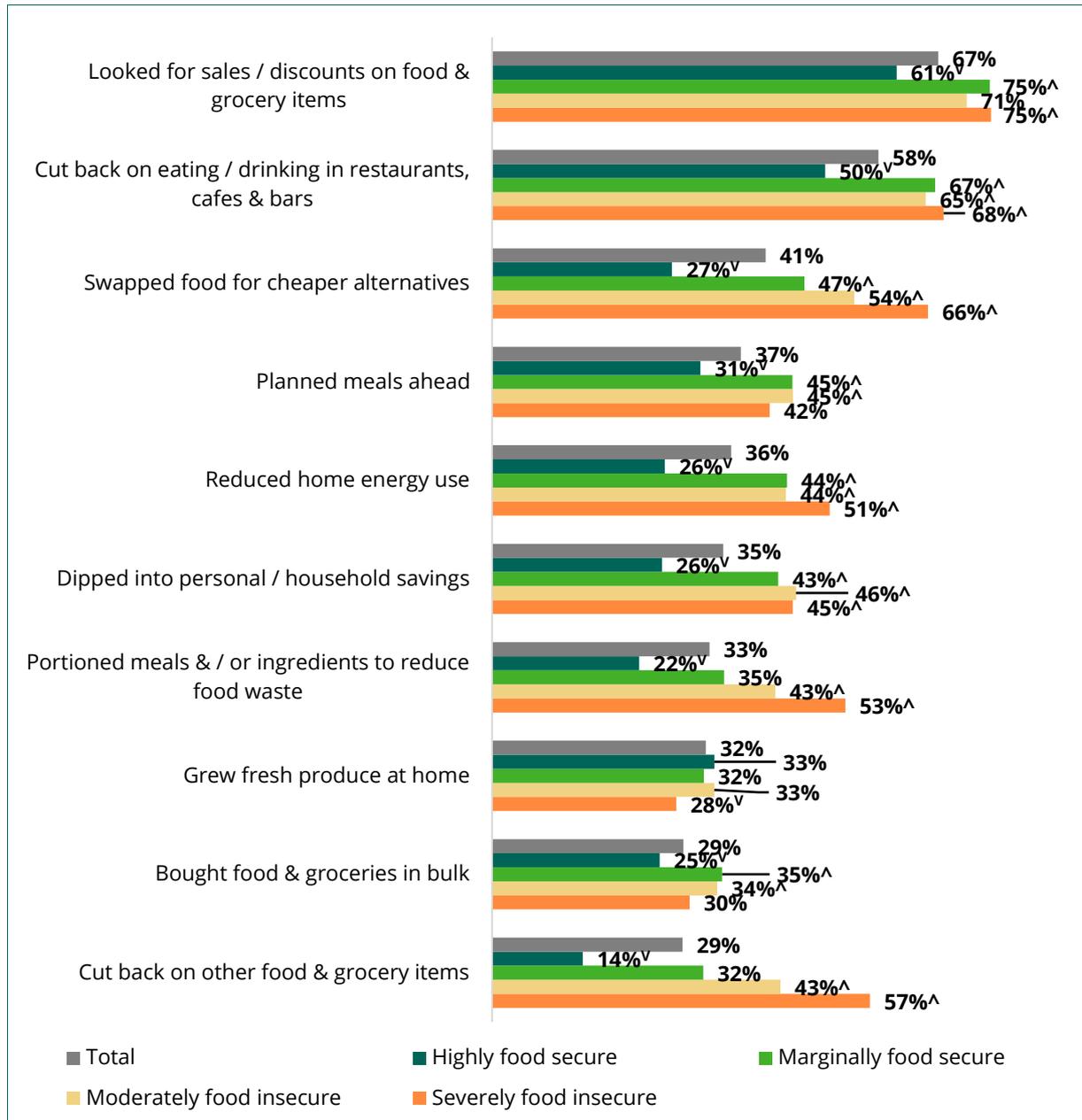
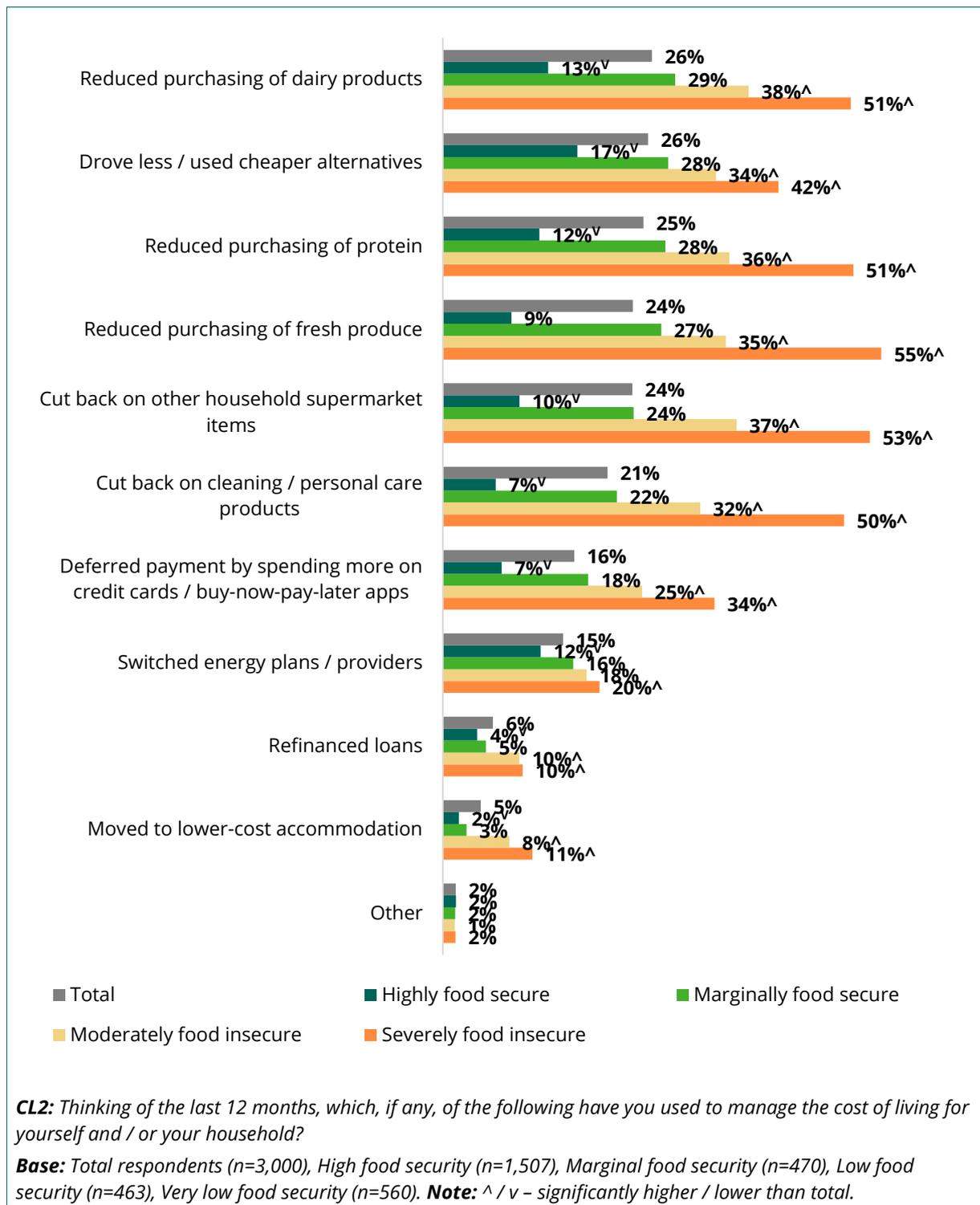


Chart 40: Actions taken to manage cost-of-living by food security segments



Food insecurity deep dive by subgroups

Table 10: Q36 – First time not being able to afford enough food

	Total (qualified)	Within the past mth	2-3 mths ago	4-6 mths ago	7-12 mths ago	1-2 yrs ago	3+ yrs ago	NETT Within the past year
Household size								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
1 (Solo)	145	19%	7% ▼	18%	15%	28% ▲	13%	59% ▼
2-3 (Small)	442	14%	14%	18%	22%	19%	13%	68%
4-5 (Medium)	338	11%	16%	22%	22%	18%	11%	71%
6+ (Large)	98	16%	12%	18%	23%	17%	14%	69%
Household type								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Non-family households	301	20% ▲	12%	16%	18%	21%	13%	66%
Family households	722	12%	14%	20%	22%	19%	13%	68%
Children in household								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
HH without children	485	16%	12%	18%	21%	20%	14%	67%
HH with children	538	12%	15%	20%	21%	20%	12%	68%
Family type								
Total (qualified)	538	12%	15%	20%	21%	20%	12%	68%
HH with children – single parent	71	17%	19%	11%	15%	22%	15%	62%
HH with children – two parents	397	10%	15%	21%	23%	19%	11%	70%
HH with children – relative / co-resident	70	17%	8%	22%	19%	22%	13%	66%
Housing status								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
I own my home outright	69	8%	16%	25%	21%	22%	7%	71%
I own my home with a mortgage	314	10%	12%	25% ▲	23%	18%	12%	70%
I rent my home	486	16%	14%	16%	19%	20%	14%	66%
I occupy my home rent free	30	10%	9%	9%	24%	24%	24%	52%
I live in social / government housing	40	27% ▲	11%	8%	20%	24%	11%	65%
Boarding house / caravan park	32	23%	18%	10%	26%	19%	3%	78%

	<i>Total (quali- fied)</i>	<i>Within the past mth</i>	<i>2-3 mths ago</i>	<i>4-6 mths ago</i>	<i>7-12 mths ago</i>	<i>1-2 yrs ago</i>	<i>3+ yrs ago</i>	<i>NETT Within the past year</i>
I have no fixed address / I'm between homes	12	0%	15%	18%	7%	42%	18%	40%
NETT Other	20	17%	17%	17%	20%	8%	20%	72%
Prefer not to say	20	18%	10%	15%	30%	17%	10%	73%
Income								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Low (≤\$64,999)	561	18%	13%	19%	18%	21%	12%	67%
Medium (\$65,000–\$155,999)	348	10%	13%	20%	26%	18%	13%	69%
High (≥\$156,000)	68	4% ▼	21%	20%	24%	15%	15%	69%
Prefer not to say	46	12%	20%	15%	20%	18%	15%	66%
Access govt assistance								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Yes	452	18% ▲	13%	13% ▼	20%	23%	13%	64%
No	571	11%	14%	24% ▲	22%	17%	13%	70%
HH member w/ disability								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Yes	242	18%	12%	15%	16%	24%	15%	61%
No	781	13%	14%	20%	23%	19%	12%	70%
Gender								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Male	380	15%	14%	18%	20%	19%	13%	67%
Female	634	13%	14%	20%	21%	20%	12%	68%
Another gender	6	0%	0%	37%	43%	20%	0%	80%
Prefer not to answer	3	37%	0%	33%	0%	0%	29%	71%
Age								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
18-24	188	19%	18%	21%	22%	12% ▼	9%	79% ▲
25-34	232	16%	17%	21%	19%	15%	12%	73%
35-44	236	11%	12%	22%	20%	22%	14%	65%
45-54	160	11%	12%	19%	18%	25%	15%	60%
55-64	131	13%	8%	11% ▼	24%	25%	18%	56% ▼
65-74	62	14%	7%	17%	28%	29%	5%	66%
75+	14	0%	19%	0%	35%	30%	16%	54%
Ethnicity								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%

	<i>Total (qualified)</i>	<i>Within the past mth</i>	<i>2-3 mths ago</i>	<i>4-6 mths ago</i>	<i>7-12 mths ago</i>	<i>1-2 yrs ago</i>	<i>3+ yrs ago</i>	<i>NETT Within the past year</i>
NETT European	656	13%	12%	19%	24%	19%	12%	68%
NETT Māori	257	17%	13%	16%	18%	23%	13%	64%
NETT Pacific	158	16%	18%	19%	20%	19%	7%	73%
NETT Asian	179	14%	16%	22%	14% ▼	18%	16%	66%
NETT Other ethnicity	34	14%	19%	11%	17%	33%	7%	60%
Language other than English								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Yes	352	14%	17%	20%	19%	19%	12%	69%
No	656	14%	12%	18%	22%	20%	13%	67%
Region								
Total (qualified)	1,023	14%	14%	19%	21%	20%	13%	68%
Northland	36	15%	10%	15%	24%	30%	6%	64%
Auckland	340	12%	16%	23%	19%	18%	11%	71%
Bay of Plenty	60	10%	15%	16%	17%	27%	15%	58%
Gisborne / Hawke's Bay	39	13%	9%	16%	24%	20%	19%	62%
Manawatū-Whanganui	44	14%	18%	9%	21%	26%	12%	62%
Taranaki	21	13%	15%	23%	11%	19%	20%	62%
Waikato	113	15%	10%	13%	21%	21%	20% ▲	59%
Wellington	122	18%	12%	21%	22%	18%	10%	72%
Nelson / Tasman / Marlborough	27	34% ▲	11%	3% ▼	22%	13%	18%	70%
Canterbury / West Coast	154	11%	11%	22%	26%	18%	11%	71%
Q36 First time not able to afford enough food percentages – Based on Ref:(Total (qualified)) Conf.Level: 95								

Table 11: Q36a – Last occurrence of not being able to afford food

	<i>Total (qualified)</i>	<i>Just in this last week</i>	<i>In the last fortnight</i>	<i>In the last mth</i>	<i>In the last 2–3 mths</i>	<i>In the last 4–6 mths</i>	<i>In the last 7–12 mths</i>	<i>NETT In the last mth / more recently</i>	<i>NETT In the last 6 mths / more recently</i>
Household size									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
1 (Solo)	145	31%▲	22%	14%▼	10%	10%	13%	68%▲	87%
2–3 (Small)	442	18%	14%	23%	15%	11%	19%	55%	81%
4–5 (Medium)	338	15%	17%	24%	20%	12%	13%	55%	87%
6+ (Large)	98	19%	16%	20%	16%	13%	16%	55%	84%
Household type									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Non-family households	301	26%▲	18%	18%	13%	10%	15%	62%	85%
Family households	722	16%	16%	23%	18%	12%	16%	54%	84%
Children in household									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
HH without children	485	22%	17%	19%	16%	12%	14%	58%	86%
HH with children	538	16%	16%	24%	17%	11%	17%	55%	83%
Family type									
Total (qualified)	538	16%	16%	24%	17%	11%	17%	55%	83%
HH with children – single parent	71	21%	22%	16%	16%	11%	14%	59%	86%
HH with children – two parents	397	15%	15%	24%	18%	11%	17%	54%	83%
HH with children – relative / co-resident	70	11%	12%	35%	11%	12%	20%	57%	80%
Housing status									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
I own my home outright	69	16%	20%	15%	21%	12%	15%	51%	85%
I own my home with a mortgage	314	15%	13%	23%	19%	14%	16%	52%	84%
I rent my home	486	20%	19%	20%	15%	11%	15%	59%	85%
I occupy my home rent free	30	10%	15%	25%	12%	14%	23%	50%	77%
I live in social / government housing	40	24%	13%	43%▲	5%	0%▼	14%	81%▲	86%
Boarding house / caravan park	32	40%▲	20%	23%	15%	0%▼	3%	82%▲	97%
I have no fixed address / I'm between homes	12	35%	7%	23%	11%	6%	17%	65%	83%
NETT Other	20	9%	7%	10%	16%	22%	36%▲	26%▼	64%▼

	<i>Total (qualified)</i>	<i>Just in this last week</i>	<i>In the last fortnight</i>	<i>In the last mth</i>	<i>In the last 2-3 mths</i>	<i>In the last 4-6 mths</i>	<i>In the last 7-12 mths</i>	<i>NETT In the last mth / more recently</i>	<i>NETT In the last 6 mths / more recently</i>
Prefer not to say	20	26%	19%	15%	15%	13%	13%	59%	87%
Income									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Low (≤\$64,999)	561	25% ▲	19%	20%	14%	10%	12%	64% ▲	88%
Medium (\$65,000–\$155,999)	348	12% ▼	13%	23%	19%	13%	19%	48% ▼	81%
High (≥\$156,000)	68	9% ▼	17%	25%	16%	13%	20%	50%	80%
Prefer not to say	46	10%	7%	29%	19%	9%	26%	46%	74%
Access govt assistance									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Yes	452	26% ▲	20%	21%	12% ▼	9%	13%	67% ▲	87%
No	571	13% ▼	14%	22%	20%	14%	18%	49% ▼	82%
HH member w/ disability									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Yes	242	25% ▲	21%	21%	13%	7% ▼	13%	67% ▲	87%
No	781	17%	15%	22%	17%	13%	16%	54%	84%
Gender									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Male	380	16%	14%	24%	17%	12%	18%	53%	82%
Female	634	21%	18%	20%	16%	11%	14%	59%	86%
Another gender	6	37%	29%	33%	0%	0%	0%	100% ▲	100%
Prefer not to answer	3	37%	33%	0%	0%	0%	29%	71%	71%
Age									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
18–24	188	16%	17%	23%	20%	13%	10%	56%	90%
25–34	232	19%	16%	25%	15%	12%	13%	60%	87%
35–44	236	19%	15%	23%	17%	10%	16%	57%	84%
45–54	160	21%	16%	18%	14%	14%	17%	55%	83%
55–64	131	22%	18%	17%	15%	7%	21%	57%	79%
65–74	62	17%	18%	20%	13%	15%	16%	55%	84%
75+	14	10%	7%	15%	26%	0%	41% ▲	33%	59% ▼
Ethnicity									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
NETT European	656	21%	16%	23%	16%	11%	14%	59%	86%
NETT Māori	257	29% ▲	19%	18%	11% ▼	8%	15%	67% ▲	85%
NETT Pacific	158	20%	20%	21%	17%	7%	15%	61%	85%

	<i>Total (qualified)</i>	<i>Just in this last week</i>	<i>In the last fortnight</i>	<i>In the last mth</i>	<i>In the last 2-3 mths</i>	<i>In the last 4-6 mths</i>	<i>In the last 7-12 mths</i>	<i>NETT In the last mth / more recently</i>	<i>NETT In the last 6 mths / more recently</i>
NETT Asian	179	7% ▼	12%	20%	18%	18% ▲	25% ▲	39% ▼	75% ▼
NETT Other ethnicity	34	21%	11%	19%	19%	6%	24%	51%	76%
Language other than English									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Yes	352	16%	18%	21%	18%	12%	16%	55%	84%
No	656	20%	16%	22%	16%	11%	16%	58%	84%
Region									
Total (qualified)	1,023	19%	16%	22%	16%	11%	15%	57%	85%
Northland	36	26%	13%	23%	7%	14%	17%	62%	83%
Auckland	340	16%	15%	23%	18%	13%	16%	53%	84%
Bay of Plenty	60	18%	16%	25%	16%	10%	15%	59%	85%
Gisborne / Hawke's Bay	39	15%	19%	34%	10%	2%	20%	68%	80%
Manawatū-Whanganui	44	23%	30% ▲	11%	15%	5%	16%	64%	84%
Taranaki	21	23%	29%	19%	9%	11%	9%	71%	91%
Waikato	113	29% ▲	12%	19%	10%	9%	22%	59%	78%
Wellington	122	26%	12%	18%	16%	15%	13%	56%	87%
Nelson / Tasman / Marlborough	27	22%	27%	23%	7%	6%	15%	72%	85%
Canterbury / West Coast	154	14%	17%	22%	21%	15%	12%	52%	88%
Otago / Southland	67	11%	19%	21%	24%	11%	14%	51%	86%
Q36a Last occurrence of not being able to afford enough food percentages – Based on Ref:(Total (qualified)) Conf.Level: 95									

Table 12: Q37 and Q38 – Frequency and duration of food insecurity

	<i>Total (qualified)</i>	Transitory (short & infrequent)	Episodic (short & frequent)	Deepening (long & infrequent)	Persistent (long & frequent)
Household size					
Total (qualified)	1,023	41%	42%	9%	8%
1 (Solo)	145	41%	37%	6%	15% ▲
2–3 (Small)	442	45%	38%	8%	8%
4–5 (Medium)	338	36%	47%	10%	7%
6+ (Large)	98	35%	51%	12%	2% ▼
Household type					
Total (qualified)	1,023	41%	42%	9%	8%
Non-family households	301	42%	42%	5% ▼	10%
Family households	722	40%	42%	11%	7%
Children in household					
Total (qualified)	1,023	41%	42%	9%	8%
HH without children	485	44%	40%	6%	10%
HH with children	538	38%	45%	12%	6%
Family type					
Total (qualified)	538	38%	45%	12%	6%
HH with children – single parent	71	38%	51%	6%	6%
HH with children – two parents	397	38%	42%	14%	6%
HH with children – relative / co-resident	70	36%	50%	6%	8%
Housing status					
Total (qualified)	1,023	41%	42%	9%	8%
I own my home outright	69	49%	38%	7%	7%
I own my home with a mortgage	314	44%	35% ▼	13%	8%
I rent my home	486	40%	46%	7%	7%
I occupy my home rent free	30	38%	35%	16%	11%
I live in social / government housing	40	24% ▼	59% ▲	9%	8%
Boarding house / caravan park	32	20% ▼	59%	0%	21% ▲
I have no fixed address / I'm between homes	12	18%	59%	10%	13%
NETT Other	20	73% ▲	8% ▼	14%	5%
Prefer not to say	20	28%	51%	5%	15%
Income					
Total (qualified)	1,023	41%	42%	9%	8%
Low (≤\$64,999)	561	33% ▼	48% ▲	9%	10%
Medium (\$65,000–\$155,999)	348	50% ▲	36% ▼	9%	6%
High (≥\$156,000)	68	51%	30%	12%	7%

	<i>Total (qualified)</i>	Transitory (short & infrequent)	Episodic (short & frequent)	Deepening (long & infrequent)	Persistent (long & frequent)
Prefer not to say	46	50%	31%	11%	8%
Access govt assistance					
Total (qualified)	1,023	41%	42%	9%	8%
Yes	452	35%	47%	7%	10%
No	571	45%	38%	11%	6%
HH member w/ disability					
Total (qualified)	1,023	41%	42%	9%	8%
Yes	242	31% ▼	53% ▲	6%	10%
No	781	44%	39%	10%	8%
Gender					
Total (qualified)	1,023	41%	42%	9%	8%
Male	380	41%	41%	10%	8%
Female	634	41%	43%	8%	8%
Another gender	6	13%	49%	26%	11%
Prefer not to answer	3	29%	71%	0%	0%
Age					
Total (qualified)	1,023	41%	42%	9%	8%
18–24	188	42%	45%	6%	8%
25–34	232	39%	46%	10%	5%
35–44	236	36%	44%	11%	9%
45–54	160	44%	40%	7%	8%
55–64	131	37%	39%	13%	12%
65–74	62	54% ▲	29% ▼	6%	11%
75+	14	61%	25%	10%	5%
Ethnicity					
Total (qualified)	1,023	41%	42%	9%	8%
NETT European	656	43%	42%	7%	8%
NETT Māori	257	35%	51% ▲	6%	9%
NETT Pacific	158	34%	47%	9%	9%
NETT Asian	179	44%	33% ▼	15% ▲	7%
NETT Other ethnicity	34	34%	45%	11%	10%
Language other than English					
Total (qualified)	1,023	41%	42%	9%	8%
Yes	352	35% ▼	43%	11%	12% ▲
No	656	44%	42%	8%	6%
Region					
Total (qualified)	1,023	41%	42%	9%	8%

	<i>Total (qualified)</i>	Transitory (short & infrequent)	Episodic (short & frequent)	Deepening (long & infrequent)	Persistent (long & frequent)
Northland	36	38%	38%	6%	18%
Auckland	340	40%	40%	12%	9%
Bay of Plenty	60	33%	47%	8%	12%
Gisborne / Hawke's Bay	39	33%	42%	14%	11%
Manawatū-Whanganui	44	48%	40%	5%	7%
Taranaki	21	49%	33%	4%	14%
Waikato	113	40%	49%	7%	4%
Wellington	122	44%	41%	7%	7%
Nelson / Tasman / Marlborough	27	33%	55%	7%	5%
Canterbury / West Coast	154	45%	38%	10%	7%

Q37&Q38 Frequency and duration of not being able to afford enough food percentages – Based on Ref:(Total (qualified)) | Conf.Level: 95

Table 13: Q40 – Reasons for food insecurity

	<i>Total (qualified)</i>	NETT Reduced / low income + Increased / high living costs	Reduced / low income / government benefits	Increased / high living expenses (e.g. for food & housing)	Changes in my household / living arrangements	Natural disaster(s) (e.g. flood, earthquake, drought)	Limited access / ability to travel & get food	Other reasons (please specify)	NETT Other
Household size									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
1 (Solo)	145	94%	61% ▲	88%	26%	5%	17%	0%	12% ▲
2-3 (Small)	442	93%	46%	86%	30%	3%	14%	0%	6%
4-5 (Medium)	338	89%	38% ▼	80%	27%	7%	11%	0%	5%
6+ (Large)	98	87%	44%	77%	32%	7%	14%	0%	6%
Household type									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Non-family households	301	92%	54% ▲	82%	28%	4%	14%	0%	8%
Family households	722	91%	42%	84%	29%	5%	14%	0%	6%
Children in household									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
HH without children	485	92%	51% ▲	85%	27%	3%	15%	0%	8%
HH with children	538	90%	40%	82%	30%	7%	13%	0%	6%
Family type									
Total (qualified)	538	90%	40%	82%	30%	7%	13%	0%	6%
HH with children – single parent	71	93%	55% ▲	86%	48% ▲	6%	16%	0%	5%
HH with children – two parents	397	90%	36%	83%	27%	7%	13%	0%	6%

	Total (qualified)	NETT Reduced / low income + Increased / high living costs	Reduced / low income / government benefits	Increased / high living expenses (e.g. for food & housing)	Changes in my household / living arrangements	Natural disaster(s) (e.g. flood, earthquake, drought)	Limited access / ability to travel & get food	Other reasons (please specify)	NETT Other
HH with children – relative / co-resident	70	89%	47%	77%	27%	7%	10%	0%	2%
Housing status									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
I own my home outright	69	89%	46%	85%	23%	9%	9%	0%	8%
I own my home with a mortgage	314	94%	32% ▼	89% ▲	27%	4%	10%	0%	11% ▲
I rent my home	486	93%	51% ▲	84%	28%	3%	13%	0%	4% ▼
I occupy my home rent free	30	85%	43%	71%	33%	15%	17%	0%	3%
I live in social / government housing	40	81%	58%	65% ▼	28%	8%	34% ▲	0%	9%
Boarding house / caravan park	32	85%	73% ▲	64% ▼	55% ▲	5%	30% ▲	0%	0%
I have no fixed address / I'm between homes	12	67% ▼	67%	55% ▼	66% ▲	25%	43% ▲	0%	16%
NETT Other	20	100%	64%	91%	27%	5%	12%	0%	8%
Prefer not to say	20	67% ▼	27%	67%	17%	24% ▲	8%	0%	0%
Income									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Low (≤\$64,999)	561	91%	57% ▲	81%	29%	6%	18% ▲	0%	7%
Medium (\$65,000–\$155,999)	348	93%	32% ▼	89% ▲	29%	4%	8% ▼	0%	8%
High (≥\$156,000)	68	89%	22% ▼	78%	26%	5%	12%	0%	3%
Prefer not to say	46	85%	35%	81%	32%	4%	5%	0%	2%
Access govt assistance									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Yes	452	92%	66% ▲	82%	29%	6%	17%	0%	6%
No	571	91%	28% ▼	85%	28%	4%	11%	0%	7%
HH member w/ disability									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Yes	242	94%	78% ▲	81%	31%	8%	27% ▲	0%	7%
No	781	90%	35% ▼	84%	28%	4%	10% ▼	0%	6%
Gender									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Male	380	90%	40%	81%	24%	4%	14%	0%	6%
Female	634	92%	49%	85%	31%	6%	13%	0%	7%
Another gender	6	100%	74%	100%	57%	0%	20%	0%	24%

	Total (qualified)	NETT Reduced / low income + Increased / high living costs	Reduced / low income / government benefits	Increased / high living expenses (e.g. for food & housing)	Changes in my household / living arrangements	Natural disaster(s) (e.g. flood, earthquake, drought)	Limited access / ability to travel & get food	Other reasons (please specify)	NETT Other
Prefer not to answer	3	100%	71%	100%	63%	0%	33%	0%	0%
Age									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
18–24	188	86% ▼	44%	74% ▼	27%	8%	9%	0%	2% ▼
25–34	232	91%	42%	84%	34%	6%	18%	0%	4%
35–44	236	93%	41%	83%	31%	4%	15%	0%	4%
45–54	160	92%	44%	85%	25%	3%	12%	0%	16% ▲
55–64	131	95%	59% ▲	88%	29%	5%	14%	0%	10%
65–74	62	93%	54%	90%	13% ▼	0%	7%	0%	7%
75+	14	90%	40%	90%	21%	0%	10%	0%	16%
Ethnicity									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
NETT European	656	94% ▲	47%	88% ▲	25%	4%	12%	0%	7%
NETT Māori	257	93%	52%	84%	33%	4%	13%	0%	7%
NETT Pacific	158	91%	49%	78%	33%	6%	18%	0%	5%
NETT Asian	179	86% ▼	33% ▼	75% ▼	28%	7%	22% ▲	0%	4%
NETT Other ethnicity	34	88%	46%	85%	34%	5%	5%	0%	7%
Language other than English									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Yes	352	89%	43%	78% ▼	33%	8% ▲	15%	0%	4%
No	656	93%	47%	86%	26%	3% ▼	13%	0%	8%
Region									
Total (qualified)	1,023	91%	45%	83%	29%	5%	14%	0%	7%
Northland	36	89%	45%	82%	39%	7%	14%	0%	16%
Auckland	340	90%	47%	80%	33%	5%	16%	0%	6%
Bay of Plenty	60	91%	40%	87%	31%	12% ▲	17%	0%	4%
Gisborne / Hawke's Bay	39	81%	43%	76%	34%	7%	14%	0%	5%
Manawatū-Whanganui	44	93%	56%	88%	22%	2%	7%	0%	11%
Taranaki	21	92%	35%	92%	31%	4%	5%	0%	19%
Waikato	113	96%	53%	90%	23%	2%	15%	0%	7%
Wellington	122	95%	46%	87%	19% ▼	0% ▼	10%	0%	4%
Nelson / Tasman / Marlborough	27	91%	42%	79%	40%	9%	20%	0%	6%
Canterbury / West Coast	154	91%	39%	83%	26%	5%	9%	0%	7%

	<i>Total (qualified)</i>	NETT Reduced / low income + Increased / high living costs	Reduced / low income / government benefits	Increased / high living expenses (e.g. for food & housing)	Changes in my household / living arrangements	Natural disaster(s) (e.g. flood, earthquake, drought)	Limited access / ability to travel & get food	Other reasons (please specify)	NETT Other
Otago / Southland	67	90%	42%	83%	27%	6%	15%	0%	2%
Q40 Reasons for food insecurity percentages - Based on Ref:(Total (qualified)) Conf.Level: 95									

Table 14: Q47 - General awareness of food relief help / support

	<i>Total (qualified)</i>	Yes	No
Household size			
Total (qualified)	3,000	54%	46%
1 (Solo)	449	59% ▲	41% ▼
2-3 (Small)	1,570	52%	48%
4-5 (Medium)	820	54%	46%
6+ (Large)	161	57%	43%
Household type			
Total (qualified)	3,000	54%	46%
Non-family households	743	57%	43%
Family households	2,257	53%	47%
Children in household			
Total (qualified)	3,000	54%	46%
HH without children	1,856	54%	46%
HH with children	1,144	53%	47%
Family type			
Total (qualified)	1,144	53%	47%
HH with children - single parent	103	63%	37%
HH with children - two parents	897	53%	47%
HH with children - relative / co-resident	144	51%	49%
Housing status			
Total (qualified)	3,000	54%	46%
I own my home outright	724	57%	43%
I own my home with a mortgage	994	50% ▼	50% ▲
I rent my home	899	55%	45%
I occupy my home rent free	127	44% ▼	56% ▲
I live in social / government housing	58	75% ▲	25% ▼
Boarding house / caravan park	53	63%	37%
I have no fixed address / I'm between homes	22	65%	35%

	<i>Total (qualified)</i>	Yes	No
NETT Other	82	57%	43%
Prefer not to say	41	42%	58%
Income			
Total (qualified)	3,000	54%	46%
Low (≤\$64,999)	1,140	62% ▲	38% ▼
Medium (\$65,000–\$155,999)	1,186	51%	49%
High (≥\$156,000)	548	47% ▼	53% ▲
Prefer not to say	126	45%	55%
Access govt assistance			
Total (qualified)	3,000	54%	46%
Yes	1,036	63% ▲	37% ▼
No	1,964	49% ▼	51% ▲
HH member w/ disability			
Total (qualified)	3,000	54%	46%
Yes	295	70% ▲	30% ▼
No	2,705	52%	48%
Gender			
Total (qualified)	3,000	54%	46%
Male	1,398	49% ▼	51% ▲
Female	1,589	59% ▲	41% ▼
Another gender	7	88%	12%
Prefer not to answer	6	68%	32%
Age			
Total (qualified)	3,000	54%	46%
18–24	372	52%	48%
25–34	481	51%	49%
35–44	574	52%	48%
45–54	494	52%	48%
55–64	466	56%	44%
65–74	418	60% ▲	40% ▼
75+	195	56%	44%
Ethnicity			
Total (qualified)	3,000	54%	46%
NETT European	2,178	56%	44%
NETT Māori	491	63% ▲	37% ▼
NETT Pacific	241	57%	43%
NETT Asian	535	42% ▼	58% ▲
NETT Other ethnicity	101	42% ▼	58% ▲

	<i>Total (qualified)</i>	Yes	No
Language other than English			
Total (qualified)	3,000	54%	46%
Yes	815	50% ▼	50% ▲
No	2,163	55%	45%
Region			
Total (qualified)	3,000	54%	46%
Northland	104	46%	54%
Auckland	1,022	48% ▼	52% ▲
Bay of Plenty	181	53%	47%
Gisborne / Hawke's Bay	121	62%	38%
Manawatū-Whanganui	143	66% ▲	34% ▼
Taranaki	72	71% ▲	29% ▼
Waikato	279	51%	49%
Wellington	363	56%	44%
Nelson / Tasman / Marlborough	84	49%	51%
Canterbury / West Coast	438	59% ▲	41% ▼
Otago / Southland	193	59%	41%
Q47 General awareness of food relief help or support percentages – Based on Ref:(Total (qualified)) Conf.Level: 95			

Table 15: Q48b_1 - Prompted awareness and use of food relief services (food insecure only); Family and friends

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Household size							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
1 (Solo)	145	0%	43%	23%	34%	43%	57%
2-3 (Small)	442	0%	45%	22%	33%	45%	55%
4-5 (Medium)	338	0%	41%	28%	30%	41%	59%
6+ (Large)	98	0%	40%	30%	30%	40%	60%
Household type							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
Non-family households	301	0%	39%	25%	37%	39%	61%
Family households	722	0%	45%	25%	30%	45%	55%
Children in household							

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
HH without children	485	0%	44%	21%	35%	44%	56%
HH with children	538	0%	42%	29%	29%	42%	58%
Family type							
Total (qualified)	538	0%	42%	29%	29%	42%	58%
HH with children - single parent	71	0%	40%	23%	37%	40%	60%
HH with children - two parents	397	0%	41%	31%	28%	41%	59%
HH with children - relative / co-resident	70	0%	49%	24%	26%	49%	51%
Housing status							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
I own my home outright	69	0%	46%	25%	28%	46%	54%
I own my home with a mortgage	314	0%	49%	21%	30%	49%	51%
I rent my home	486	0%	40%	26%	34%	40%	60%
I occupy my home rent free	30	0%	50%	23%	27%	50%	50%
I live in social / government housing	40	0%	27%	32%	41%	27%	73%
Boarding house / caravan park	32	0%	37%	25%	39%	37%	63%
I have no fixed address / I'm between homes	12	0%	42%	30%	28%	42%	58%
NETT Other	20	0%	53%	19%	28%	53%	47%
Prefer not to say	20	0%	35%	52%▲	13%	35%	65%
Income							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
Low (≤\$64,999)	561	0%	37%▼	27%	36%	37%▼	63%▲
Medium (\$65,000-\$155,999)	348	0%	50%▲	24%	26%▼	50%▲	50%▼
High (≥\$156,000)	68	0%	55%	16%	30%	55%	45%
Prefer not to say	46	0%	52%	24%	23%	52%	48%
Access govt assistance							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Yes	452	0%	36% ▼	26%	38% ▲	36% ▼	64% ▲
No	571	0%	48% ▲	24%	27%	48% ▲	52% ▼
HH member w/ disability							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
Yes	242	0%	33% ▼	23%	44% ▲	33% ▼	67% ▲
No	781	0%	46%	26%	28%	46%	54%
Gender							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
Male	380	0%	49% ▲	25%	26% ▼	49% ▲	51% ▼
Female	634	0%	40%	24%	36%	40%	60%
Another gender	6	0%	11%	69% ▲	20%	11%	89%
Prefer not to answer	3	0%	0%	29%	71%	0%	100%
Age							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
18–24	188	0%	37%	29%	34%	37%	63%
25–34	232	0%	39%	26%	35%	39%	61%
35–44	236	0%	43%	27%	30%	43%	57%
45–54	160	0%	44%	25%	32%	44%	56%
55–64	131	0%	53% ▲	22%	25%	53% ▲	47% ▼
65–74	62	0%	53%	15%	32%	53%	47%
75+	14	0%	46%	10%	45%	46%	54%
Ethnicity							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
NETT European	656	0%	43%	23%	35%	43%	57%
NETT Māori	257	0%	39%	26%	35%	39%	61%
NETT Pacific	158	0%	33% ▼	30%	37%	33% ▼	67% ▲
NETT Asian	179	0%	47%	29%	23% ▼	47%	53%
NETT Other ethnicity	34	0%	51%	25%	24%	51%	49%
Language other than English							
Total (qualified)	1,023	0%	43%	25%	32%	43%	57%
Yes	352	0%	42%	30%	28%	42%	58%
Q48 Prompted awareness / use of food relief services (FOOD INSECURE ONLY) percentages – Based on Ref:(Total (qualified)) Conf.Level: 95							

Table 16: Q48b_2 - Prompted awareness and use of food relief services (food insecure only); Places of worship

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Household size							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
1 (Solo)	145	39%	43%	9%	9%	82%	18%
2-3 (Small)	442	36%	47%	11%	6%	83%	17%
4-5 (Medium)	338	37%	48%	9%	6%	85%	15%
6+ (Large)	98	43%	34% ▼	14%	9%	77%	23%
Household type							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
Non-family households	301	37%	45%	9%	9%	82%	18%
Family households	722	37%	46%	11%	6%	83%	17%
Children in household							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
HH without children	485	37%	47%	10%	7%	84%	16%
HH with children	538	38%	44%	11%	8%	82%	18%
Family type							
Total (qualified)	538	38%	44%	11%	8%	82%	18%
HH with children - single parent	71	34%	46%	13%	7%	80%	20%
HH with children - two parents	397	39%	44%	10%	8%	82%	18%
HH with children - relative / co-resident	70	36%	45%	13%	7%	81%	19%
Housing status							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
I own my home outright	69	26%	53%	14%	7%	79%	21%
I own my home with a mortgage	314	35%	53% ▲	6% ▼	6%	88% ▲	12% ▼
I rent my home	486	41%	42%	10%	7%	83%	17%
I occupy my home rent free	30	27%	43%	17%	13%	69%	31%
I live in social / government housing	40	34%	42%	12%	12%	76%	24%
Boarding house / caravan park	32	40%	32%	18%	10%	72%	28%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
I have no fixed address / I'm between homes	12	31%	25%	36%▲	8%	56%▼	44%▲
NETT Other	20	44%	40%	13%	3%	84%	16%
Prefer not to say	20	33%	31%	26%	10%	64%	36%
Income							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
Low (≤\$64,999)	561	36%	43%	12%	8%	80%	20%
Medium (\$65,000–\$155,999)	348	38%	49%	7%	5%	88%▲	12%▼
High (≥\$156,000)	68	39%	47%	9%	5%	86%	14%
Prefer not to say	46	39%	44%	10%	7%	83%	17%
Access govt assistance							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
Yes	452	35%	44%	12%	9%	79%	21%
No	571	39%	47%	9%	6%	85%	15%
HH member w/ disability							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
Yes	242	31%	46%	13%	10%	77%	23%
No	781	39%	45%	9%	6%	84%	16%
Gender							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
Male	380	37%	43%	12%	9%	79%	21%
Female	634	38%	47%	9%	6%	85%	15%
Another gender	6	31%	60%	9%	0%	91%	9%
Prefer not to answer	3	29%	71%	0%	0%	100%	0%
Age							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
18–24	188	46%▲	36%▼	9%	9%	81%	19%
25–34	232	40%	46%	9%	5%	86%	14%
35–44	236	37%	45%	9%	8%	83%	17%
45–54	160	36%	48%	9%	6%	85%	15%
55–64	131	32%	47%	15%	7%	78%	22%
65–74	62	23%▼	57%	12%	8%	80%	20%
75+	14	21%	54%	10%	15%	75%	25%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Ethnicity							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
NETT European	656	38%	47%	9%	6%	86%	14%
NETT Māori	257	41%	39%	11%	9%	80%	20%
NETT Pacific	158	29% ▼	50%	13%	8%	79%	21%
NETT Asian	179	35%	44%	14%	7%	79%	21%
NETT Other ethnicity	34	52%	33%	7%	8%	86%	14%
Language other than English							
Total (qualified)	1,023	37%	46%	10%	7%	83%	17%
Yes	352	37%	40%	12%	11%	77% ▼	23% ▲
Q48 Prompted awareness / use of food relief services (FOOD INSECURE ONLY) percentages – Based on Ref:(Total (qualified)) Conf.Level: 95							

Table 17: Q48b_3 - Prompted awareness and use of food relief services (food insecure only); Community groups

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Household size							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
1 (Solo)	145	35%	44%	9%	12%	79%	21%
2-3 (Small)	442	36%	47%	10%	8%	82%	18%
4-5 (Medium)	338	33%	48%	10%	8%	82%	18%
6+ (Large)	98	30%	40%	16%	14%	70% ▼	30% ▲
Household type							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
Non-family households	301	34%	45%	10%	11%	79%	21%
Family households	722	34%	47%	10%	8%	81%	19%
Children in household							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
HH without children	485	35%	46%	10%	9%	81%	19%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
HH with children	538	34%	46%	11%	9%	80%	20%
Family type							
Total (qualified)	538	34%	46%	11%	9%	80%	20%
HH with children - single parent	71	35%	32% ▼	16%	18% ▲	67% ▼	33% ▲
HH with children - two parents	397	32%	49%	11%	7%	81%	19%
HH with children - relative / co-resident	70	42%	45%	6%	7%	87%	13%
Housing status							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
I own my home outright	69	35%	47%	10%	9%	82%	18%
I own my home with a mortgage	314	37%	52%	5% ▼	6%	89% ▲	11% ▼
I rent my home	486	33%	43%	12%	12%	76%	24%
I occupy my home rent free	30	26%	55%	14%	5%	81%	19%
I live in social / government housing	40	30%	41%	16%	14%	70%	30%
Boarding house / caravan park	32	33%	46%	16%	6%	78%	22%
I have no fixed address / I'm between homes	12	18%	61%	20%	0%	80%	20%
NETT Other	20	39%	50%	7%	3%	90%	10%
Prefer not to say	20	32%	21% ▼	32% ▲	14%	54% ▼	46% ▲
Income							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
Low (≤\$64,999)	561	32%	42%	13%	12%	75% ▼	25% ▲
Medium (\$65,000-\$155,999)	348	35%	53% ▲	6% ▼	5% ▼	89% ▲	11% ▼
High (≥\$156,000)	68	42%	48%	6%	4%	90%	10%
Prefer not to say	46	37%	42%	14%	7%	79%	21%
Access govt assistance							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
Yes	452	31%	43%	13%	13% ▲	74% ▼	26% ▲
No	571	37%	49%	8%	6% ▼	86% ▲	14% ▼

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
HH member w/ disability							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
Yes	242	28%	45%	13%	14% ▲	73% ▼	27% ▲
No	781	36%	47%	10%	8%	83%	17%
Gender							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
Male	380	38%	43%	10%	9%	81%	19%
Female	634	32%	48%	11%	9%	80%	20%
Another gender	6	11%	76%	0%	13%	87%	13%
Prefer not to answer	3	37%	33%	29%	0%	71%	29%
Age							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
18–24	188	41%	34% ▼	16% ▲	9%	75%	25%
25–34	232	34%	51%	10%	5% ▼	85%	15%
35–44	236	34%	48%	8%	10%	82%	18%
45–54	160	33%	48%	9%	10%	81%	19%
55–64	131	29%	48%	14%	8%	77%	23%
65–74	62	31%	49%	4%	17%	79%	21%
75+	14	33%	41%	0%	26%	74%	26%
Ethnicity							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
NETT European	656	35%	48%	8%	9%	83%	17%
NETT Māori	257	29%	43%	15% ▲	12%	73% ▼	27% ▲
NETT Pacific	158	23% ▼	50%	12%	15% ▲	73% ▼	27% ▲
NETT Asian	179	38%	44%	13%	5%	82%	18%
NETT Other ethnicity	34	52% ▲	26% ▼	7%	15%	78%	22%
Language other than English							
Total (qualified)	1,023	34%	46%	10%	9%	80%	20%
Yes	352	32%	46%	12%	10%	77%	23%
Q48 Prompted awareness / use of food relief services (FOOD INSECURE ONLY) percentages – Based on Ref:(Total (qualified)) Conf.Level: 95							

Table 18: Q48b_4 - Prompted awareness and use of food relief services (food insecure only); Charity organisations

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Household size							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
1 (Solo)	145	14%	63%	14%	9%	77%	23%
2-3 (Small)	442	19%	59%	15%	7%	78%	22%
4-5 (Medium)	338	20%	56%	15%	9%	76%	24%
6+ (Large)	98	21%	51%	16%	12%	72%	28%
Household type							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
Non-family households	301	18%	60%	15%	7%	78%	22%
Family households	722	19%	57%	15%	9%	76%	24%
Children in household							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
HH without children	485	18%	62%	14%	6%	79%	21%
HH with children	538	20%	54%	16%	10%	74%	26%
Family type							
Total (qualified)	538	20%	54%	16%	10%	74%	26%
HH with children - single parent	71	9% ▼	47%	23%	21% ▲	56% ▼	44% ▲
HH with children - two parents	397	22%	54%	14%	10%	76%	24%
HH with children - relative / co-resident	70	23%	59%	14%	4%	82%	18%
Housing status							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
I own my home outright	69	11%	70% ▲	16%	3%	81%	19%
I own my home with a mortgage	314	19%	68% ▲	9% ▼	4% ▼	87% ▲	13% ▼
I rent my home	486	19%	51% ▼	17%	12% ▲	71% ▼	29% ▲
I occupy my home rent free	30	11%	67%	14%	7%	78%	22%
I live in social / government housing	40	16%	41% ▼	30% ▲	14%	56% ▼	44% ▲

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Boarding house / caravan park	32	20%	52%	26%	3%	71%	29%
I have no fixed address / I'm between homes	12	23%	49%	27%	0%	73%	27%
NETT Other	20	28%	52%	12%	8%	80%	20%
Prefer not to say	20	34%	40%	17%	9%	74%	26%
Income							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
Low (≤\$64,999)	561	17%	53%	19%	11%	70% ▼	30% ▲
Medium (\$65,000–\$155,999)	348	20%	64% ▲	9% ▼	6%	85% ▲	15% ▼
High (≥\$156,000)	68	24%	62%	10%	4%	86%	14%
Prefer not to say	46	16%	61%	19%	3%	78%	22%
Access govt assistance							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
Yes	452	15%	53%	18%	14% ▲	68% ▼	32% ▲
No	571	22%	62%	12%	4% ▼	84% ▲	16% ▼
HH member w/ disability							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
Yes	242	14%	54%	19%	13% ▲	68% ▼	32% ▲
No	781	20%	59%	14%	7%	79%	21%
Gender							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
Male	380	23%	54%	17%	6%	77%	23%
Female	634	16%	60%	14%	10%	76%	24%
Another gender	6	46%	54%	0%	0%	100%	0%
Prefer not to answer	3	0%	33%	67%	0%	33%	67%
Age							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
18–24	188	27% ▲	52%	15%	7%	78%	22%
25–34	232	24%	53%	16%	8%	76%	24%
35–44	236	19%	59%	12%	10%	78%	22%
45–54	160	18%	56%	16%	10%	74%	26%
55–64	131	7% ▼	66%	19%	8%	73%	27%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
65–74	62	5% ▼	73% ▲	15%	7%	78%	22%
75+	14	19%	58%	15%	8%	77%	23%
Ethnicity							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
NETT European	656	16%	62%	14%	8%	78%	22%
NETT Māori	257	15%	56%	18%	11%	71%	29%
NETT Pacific	158	20%	54%	18%	8%	74%	26%
NETT Asian	179	26% ▲	50%	16%	8%	76%	24%
NETT Other ethnicity	34	32%	56%	9%	3%	88%	12%
Language other than English							
Total (qualified)	1,023	19%	58%	15%	8%	77%	23%
Yes	352	23%	51% ▼	18%	9%	73%	27%
Q48 Prompted awareness / use of food relief services (FOOD INSECURE ONLY) percentages – Based on Ref:(Total (qualified)) Conf.Level: 95							

Table 19: Q48b_5 - Awareness and use of food relief services; Food relief organisations

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Household size							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
1 (Solo)	145	17%	57%	11%	14%	74%	26%
2–3 (Small)	442	15%	59%	16%	10%	74%	26%
4–5 (Medium)	338	16%	58%	15%	10%	74%	26%
6+ (Large)	98	22%	46% ▼	18%	14%	68%	32%
Household type							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
Non-family households	301	17%	55%	15%	12%	72%	28%
Family households	722	16%	58%	15%	11%	74%	26%
Children in household							

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
HH without children	485	14%	60%	14%	11%	74%	26%
HH with children	538	18%	54%	16%	11%	73%	27%
Family type							
Total (qualified)	538	18%	54%	16%	11%	73%	27%
HH with children – single parent	71	16%	51%	13%	20% ▲	67%	33%
HH with children – two parents	397	17%	56%	16%	10%	74%	26%
HH with children – relative / co-resident	70	26%	48%	18%	8%	74%	26%
Housing status							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
I own my home outright	69	8%	67%	10%	14%	75%	25%
I own my home with a mortgage	314	13%	70% ▲	11%	5% ▼	83% ▲	17% ▼
I rent my home	486	18%	51% ▼	17%	14%	69%	31%
I occupy my home rent free	30	18%	64%	11%	7%	82%	18%
I live in social / government housing	40	28%	38% ▼	17%	18%	65%	35%
Boarding house / caravan park	32	9%	53%	29% ▲	9%	62%	38%
I have no fixed address / I'm between homes	12	25%	53%	16%	6%	78%	22%
NETT Other	20	15%	45%	22%	18%	60%	40%
Prefer not to say	20	34%	17% ▼	30%	19%	51% ▼	49% ▲
Income							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
Low (≤\$64,999)	561	15%	51% ▼	18%	16% ▲	66% ▼	34% ▲
Medium (\$65,000–\$155,999)	348	16%	68% ▲	11%	6% ▼	83% ▲	17% ▼
High (≥\$156,000)	68	19%	69%	9%	3% ▼	88% ▲	12% ▼
Prefer not to say	46	29% ▲	47%	18%	6%	76%	24%
Access govt assistance							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Yes	452	15%	49% ▼	18%	18% ▲	64% ▼	36% ▲
No	571	17%	64% ▲	13%	5% ▼	82% ▲	18% ▼
HH member w/ disability							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
Yes	242	12%	50% ▼	18%	20% ▲	62% ▼	38% ▲
No	781	18%	60%	14%	8%	77%	23%
Gender							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
Male	380	18%	56%	17%	10%	73%	27%
Female	634	15%	58%	14%	12%	74%	26%
Another gender	6	11%	63%	26%	0%	74%	26%
Prefer not to answer	3	0%	71%	29%	0%	71%	29%
Age							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
18–24	188	25% ▲	51%	17%	7%	76%	24%
25–34	232	17%	59%	15%	9%	77%	23%
35–44	236	17%	57%	14%	11%	75%	25%
45–54	160	14%	60%	13%	13%	73%	27%
55–64	131	8% ▼	55%	22% ▲	15%	63% ▼	37% ▲
65–74	62	7%	62%	11%	20% ▲	69%	31%
75+	14	25%	70%	0%	5%	95%	5%
Ethnicity							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
NETT European	656	14%	61%	14%	11%	76%	24%
NETT Māori	257	16%	52%	18%	14%	68%	32%
NETT Pacific	158	20%	47% ▼	21%	12%	67%	33%
NETT Asian	179	21%	57%	13%	9%	78%	22%
NETT Other ethnicity	34	27%	61%	5%	8%	88%	12%
Language other than English							
Total (qualified)	1,023	16%	57%	15%	11%	74%	26%
Yes	352	20%	54%	14%	12%	73%	27%
Q48 Prompted awareness / use of food relief services (FOOD INSECURE ONLY) percentages – Based on Ref:(Total (qualified)) Conf.Level: 95							

Table 20: Q48b_6 - Prompted awareness and use of food relief services (food insecure only); Charity supermarkets

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Household size							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
1 (Solo)	145	38%	41%	12%	10%	78%	22%
2-3 (Small)	442	36%	48%	9%	7%	84%	16%
4-5 (Medium)	338	33%	48%	12%	8%	81%	19%
6+ (Large)	98	31%	38%	19%	13%	69% ▼	31% ▲
Household type							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
Non-family households	301	37%	43%	12%	9%	80%	20%
Family households	722	34%	47%	11%	8%	81%	19%
Children in household							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
HH without children	485	36%	45%	11%	9%	81%	19%
HH with children	538	34%	46%	12%	8%	80%	20%
Family type							
Total (qualified)	538	34%	46%	12%	8%	80%	20%
HH with children - single parent	71	31%	41%	16%	12%	72%	28%
HH with children - two parents	397	33%	49%	11%	7%	82%	18%
HH with children - relative / co-resident	70	41%	36%	14%	10%	77%	23%
Housing status							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
I own my home outright	69	34%	44%	18%	4%	78%	22%
I own my home with a mortgage	314	37%	51%	6% ▼	7%	88% ▲	12% ▼
I rent my home	486	36%	42%	12%	10%	78%	22%
I occupy my home rent free	30	12% ▼	58%	19%	10%	71%	29%
I live in social / government housing	40	21%	48%	19%	12%	69%	31%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
Boarding house / caravan park	32	18%	52%	17%	13%	70%	30%
I have no fixed address / I'm between homes	12	43%	52%	5%	0%	95%	5%
NETT Other	20	46%	36%	7%	11%	82%	18%
Prefer not to say	20	35%	39%	26%	0%	74%	26%
Income							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
Low (≤\$64,999)	561	33%	42%	15%	11%	75% ▼	25% ▲
Medium (\$65,000–\$155,999)	348	38%	51%	5% ▼	5%	89% ▲	11% ▼
High (≥\$156,000)	68	33%	50%	12%	6%	82%	18%
Prefer not to say	46	38%	52%	10%	0%	90%	10%
Access govt assistance							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
Yes	452	33%	42%	14%	11%	75% ▼	25% ▲
No	571	36%	49%	9%	6%	85% ▲	15% ▼
HH member w/ disability							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
Yes	242	28%	43%	14%	15% ▲	71% ▼	29% ▲
No	781	37%	47%	11%	6%	83%	17%
Gender							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
Male	380	44% ▲	40%	10%	6%	84%	16%
Female	634	29% ▼	49%	12%	10%	79%	21%
Another gender	6	46%	21%	0%	33%	67%	33%
Prefer not to answer	3	0%	63%	37%	0%	63%	37%
Age							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
18–24	188	37%	41%	14%	7%	78%	22%
25–34	232	30%	51%	11%	7%	82%	18%
35–44	236	35%	45%	9%	10%	80%	20%
45–54	160	34%	47%	11%	8%	81%	19%
55–64	131	37%	42%	11%	10%	79%	21%

	<i>Total (qualified)</i>	Never heard of for food relief	Heard of for food relief, never received help	Received food relief in the past, but not the last 12 mths	Received food relief in the last 12 mths	NETT Never received relief	NETT Received food relief
65–74	62	40%	44%	9%	7%	84%	16%
75+	14	38%	46%	16%	0%	84%	16%
Ethnicity							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
NETT European	656	35%	48%	9%	8%	83%	17%
NETT Māori	257	22% ▼	50%	17% ▲	11%	72% ▼	28% ▲
NETT Pacific	158	34%	47%	10%	9%	80%	20%
NETT Asian	179	39%	44%	12%	5%	83%	17%
NETT Other ethnicity	34	61% ▲	29%	2%	8%	90%	10%
Language other than English							
Total (qualified)	1,023	35%	46%	11%	8%	80%	20%
Yes	352	37%	40%	13%	10%	77%	23%
Q48 Prompted awareness / use of food relief services (FOOD INSECURE ONLY) percentages – Based on Ref:(Total (qualified)) Conf.Level: 95							

Table 21: Q48 NETT – Ever received food relief

	Total (qualified)	Received relief	Never received relief
Household size			
Total (qualified)	1,023	44%	56%
1 (Solo)	145	44%	56%
2–3 (Small)	442	43%	57%
4–5 (Medium)	338	42%	58%
6+ (Large)	98	61% ▲	39% ▼
Household type			
Total (qualified)	1,023	44%	56%
Non-family households	301	46%	54%
Family households	722	44%	56%
Children in household			
Total (qualified)	1,023	44%	56%
HH without children	485	43%	57%
HH with children	538	46%	54%
Family type			
Total (qualified)	538	46%	54%

	Total (qualified)	Received relief	Never received relief
HH with children – single parent	71	51%	49%
HH with children – two parents	397	46%	54%
HH with children – relative / co-resident	70	41%	59%
Housing status			
Total (qualified)	1,023	44%	56%
I own my home outright	69	43%	57%
I own my home with a mortgage	314	33% ▼	67% ▲
I rent my home	486	49%	51%
I occupy my home rent free	30	40%	60%
I live in social / government housing	40	62% ▲	38% ▼
Boarding house / caravan park	32	52%	48%
I have no fixed address / I'm between homes	12	51%	49%
NETT Other	20	45%	55%
Prefer not to say	20	83% ▲	17% ▼
Income			
Total (qualified)	1,023	44%	56%
Low (≤\$64,999)	561	54% ▲	46% ▼
Medium (\$65,000–\$155,999)	348	30% ▼	70% ▲
High (≥\$156,000)	68	34%	66%
Prefer not to say	46	43%	57%
Access govt assistance			
Total (qualified)	1,023	44%	56%
Yes	452	54% ▲	46% ▼
No	571	36% ▼	64% ▲
HH member w/ disability			
Total (qualified)	1,023	44%	56%
Yes	242	58% ▲	42% ▼
No	781	40%	60%
Gender			
Total (qualified)	1,023	44%	56%
Male	380	44%	56%
Female	634	45%	55%
Another gender	6	69%	31%
Prefer not to answer	3	67%	33%
Age			
Total (qualified)	1,023	44%	56%
18–24	188	48%	52%

	Total (qualified)	Received relief	Never received relief
25-34	232	43%	57%
35-44	236	40%	60%
45-54	160	47%	53%
55-64	131	49%	51%
65-74	62	43%	57%
75+	14	36%	64%
Ethnicity			
Total (qualified)	1,023	44%	56%
NETT European	656	41%	59%
NETT Māori	257	53% ▲	47% ▼
NETT Pacific	158	55% ▲	45% ▼
NETT Asian	179	43%	57%
NETT Other ethnicity	34	29%	71%
Language other than English			
Total (qualified)	1,023	44%	56%
Yes	352	51% ▲	49% ▼
No	656	40%	60%
Received any food relief percentages – Based on Ref:(Total (qualified)) Conf.Level: 95			

Table 22: Q49 – Frequency in receiving support from food relief services in the last 12 months

	Total (qualified)	NETT At least weekly	NETT One / a few times a month	NETT Every few months / couple times a year
Household size				
Total (qualified)	238	17%	26%	57%
1 (Solo)	38	15%	21%	65%
2-3 (Small)	98	12%	30%	57%
4-5 (Medium)	68	21%	28%	51%
6+ (Large)	34	22%	17%	61%
Household type				
Total (qualified)	238	17%	26%	57%
Non-family households	75	18%	24%	57%
Family households	163	16%	27%	57%
Children in household				
Total (qualified)	238	17%	26%	57%
HH without children	110	16%	25%	59%
HH with children	128	17%	27%	56%

	<i>Total (qualified)</i>	<i>NETT At least weekly</i>	<i>NETT One / a few times a month</i>	<i>NETT Every few months / couple times a year</i>
Family type				
Total (qualified)	128	17%	27%	56%
HH with children – single parent	23	16%	37%	47%
HH with children – two parents	92	15%	24%	61%
HH with children – relative / co-resident	13	32%	30%	38%
Housing status				
Total (qualified)	238	17%	26%	57%
I own my home outright	12	31%	35%	34%
I own my home with a mortgage	51	7%	18%	75% ▲
I rent my home	133	18%	28%	54%
I occupy my home rent free	6	22%	12%	66%
I live in social / government housing	15	25%	34%	41%
Boarding house / caravan park	7	12%	13%	75%
I have no fixed address / I'm between homes	2	56%	0%	44%
NETT Other	5	0%	21%	79%
Prefer not to say	7	14%	54%	32%
Income				
Total (qualified)	238	17%	26%	57%
Low (≤\$64,999)	165	18%	27%	55%
Medium (\$65,000–\$155,999)	56	15%	21%	64%
High (≥\$156,000)	9	0%	23%	77%
Prefer not to say	8	27%	35%	38%
Access govt assistance				
Total (qualified)	238	17%	26%	57%
Yes	141	22%	24%	54%
No	97	8%	29%	62%
HH member w/ disability				
Total (qualified)	238	17%	26%	57%
Yes	86	21%	25%	54%
No	152	14%	27%	59%
Gender				
Total (qualified)	238	17%	26%	57%
Male	83	15%	31%	54%
Female	153	17%	24%	59%
Another gender	2	0%	0%	100%
Prefer not to answer	0	-	-	-

	<i>Total (qualified)</i>	NETT At least weekly	NETT One / a few times a month	NETT Every few months / couple times a year
Age				
Total (qualified)	238	17%	26%	57%
18–24	42	29%	17%	54%
25–34	44	19%	30%	50%
35–44	55	15%	20%	65%
45–54	44	8%	32%	60%
55–64	32	15%	25%	60%
65–74	17	12%	25%	62%
75+	4	0%	77%	23%
Ethnicity				
Total (qualified)	238	17%	26%	57%
NETT European	143	13%	22%	65%
NETT Māori	75	15%	28%	57%
NETT Pacific	48	18%	22%	61%
NETT Asian	37	17%	36%	47%
NETT Other ethnicity	5	59%	29%	12%
Language other than English				
Total (qualified)	238	17%	26%	57%
Yes	96	15%	33%	51%
No	136	16%	22%	63%
Q49 Frequency in receiving support from food relief services in last 12 months percentages – Based on Ref:(Total (qualified)) Conf.Level: 95				